

BLUE

FRED. OLSEN SPECIAL EDITION

Horizons

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**EXCLUSIVE
SAVINGS
INSIDE**



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NO. 1 INDEPENDENT CRUISE SPECIALIST

COMPETITION TIME!

Here at ROL Cruise we hope that you enjoy competitions as much as we do!

Below, you will find 10 questions to test your knowledge of some of the incredible destinations you can enjoy when sailing with Fred. Olsen. If you can answer all 10 correctly, then you could be in with a chance of winning an **EXCLUSIVE** bespoke Adnams and Stokes Hamper. The answers can be found throughout this edition.

Simply email us at competitiontime@rolcruise.co.uk along with your name and answers for your chance to win!

Correct entries must be submitted by 28th February 2023 for a chance to win. One lucky entrant will be chosen at random. **Good luck!**

1. Fred. Olsen are so confident that you will enjoy the way they cruise, they will make you a promise. What is this promise called?
2. How many family members was Fred. Olsen founded by?
3. Captain Steffan Ravneng is Captain of which Fred. Olsen ship?
4. What is the world's largest coral reef, made up of 3,000 individual reefs and is over 1,250 miles long?
5. Fred. Olsen visit fascinating destinations, but in which city would you find the Acropolis?
6. Treat of the region dish Migas con Chorizo is a traditional dish from what country?
7. The Colours & Tastes restaurant features a variety of dishes from which cuisine?
8. In October 2023 there is a special reunion for Fred. Olsen's entire fleet set to take place. Where are the ships due to meet?
9. From Agadir, you can head to the foothills of which mountain?
10. As part of Fred. Olsen's new signature experiences, on selected cruises you can now spot wildlife out on the deck with which marine conservation charity?

HELLO AND WELCOME TO YOUR FRED. OLSEN SPECIAL EDITION OF BLUE HORIZONS

Jeremy Dickinson,
Chairman of ROL Cruise



Here at ROL Cruise we are dedicated to helping you discover the destinations you've always dreamed of visiting, together with cruise lines that you love. We believe there is nothing better to look forward to. That's why we are delighted to bring you this exclusive Fred. Olsen Special Edition of Blue Horizons.

With the unusual and imaginative itineraries being changed every year by the dedicated Journey Planners at Fred. Olsen, you can rest assured you are on the best possible route to ensure you see the local wildlife and beautiful scenery along the way. The size of Fred. Olsen ships also means you have access to more interesting places and dock in the heart of the destinations visited.

We have such a range of itineraries on offer including the Adriatic Discovery launch promotion (see pages 8-9), or if you fancy something a little warmer how about the No-Fly Maiden Africa & Indian Ocean Grand Voyage. We highly recommend this sailing for the scenic cruising (see pages 14-15). Or how about the rare opportunity to view the Solar Eclipse at sea (see page 36). Or discover the American Waterways and Canada in the fall with highlights such as cruising the picturesque Hudson River (see pages 38-39).

With fewer guests on board the crew really get to know you and what you like, and with the warm and friendly atmosphere you can sit back and enjoy your cruise The Olsen Way.

Happy Cruising!

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YOUR EXCLUSIVE BLUE HORIZONS DEALS

INCREDIBLE PROMOTIONS ONLY AVAILABLE WITH ROL CRUISE MUST END 8PM 28TH FEBRUARY 2023 - PLEASE DON'T MISS OUT!



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THE OLSEN WAY

Fred. Olsen believes the world of cruising is changing. Cruise ships that are bigger and busier are beginning to dominate and there are many guests looking for an alternative.

They stand up for the smaller ship experience because they know that is what their guests would rather choose: an experience that makes the most of the beauty of the journey and the nature and culture of the destinations along the way. An experience that's elegant and relaxed.

They call this The Olsen Way.

IMAGINATIVE AND UNUSUAL ITINERARIES

The team of Journey Planners change the itineraries every year, and the Captains will always navigate to show you local wildlife or beautiful scenery along the way. They also have a range of regional departure ports including Newcastle, Liverpool, Dover, Rosyth and Southampton. So you can start your cruise closer to home.

Fred. Olsen's Norwegian heritage and knowledge of the beautiful coastline also means no one can show you the fjords quite like them.

As a result, they have won Cruise Critic's award for best itineraries 5 years in a row.



FRED. OLSEN BELIEVE SMALLER IS BETTER

They are incredibly proud of the fleet of three smaller ships; *Bolette*, *Borealis* and *Balmoral*. Never sailing with more than 1,338 guests on board, each has been elegantly designed and they all look and feel like ships (not hotels or holiday resorts); with wide open deck spaces as well as lounges and restaurants which have been meticulously planned to ensure you have a wonderful experience.

With fewer guests, the crew can really get to know you and what you like. And the atmosphere on board the ships is always warm and friendly.

The smaller size of the ships also allows access to more interesting places, such as Norway's lesser-known Fjords as well as European cities with narrow waterways and size-restricted bridges. It also means they can dock in the heart of some of the world's most fascinating cities.



WHAT'S INCLUDED WITH YOUR FRED. OLSEN CRUISE

DINING & LOUNGES

- À la carte breakfast, lunch & dinner
- Daily buffet dining options
- Late night Supper Club
- Afternoon tea
- Self-service tea & coffee
- In-cabin dining & snacks

ACTIVITIES & ENTERTAINMENT

- Evening shows
- Live music & dancing
- Dance classes
- Lectures & talks
- Cookery demonstrations
- Traditional deck games
- Daily games & quizzes

RELAXATION & FITNESS

- Swimming Pools
- Jacuzzis
- Fitness Centre
- Fitness Classes



THE OLSEN WAY PROMISE

Fred. Olsen are so confident that you will enjoy the way they cruise, that they will make you a promise - The Olsen Way Promise. If after a couple of days on board you find that it is not right for you, they will fly you home (at their expense) from the next available port and your cruise price will be refunded in full.



FAMILY RUN AND DETERMINED TO DO THINGS A DIFFERENT WAY

Fred. Olsen originated in 1848 when three brothers bought their first ships and began an international shipping company. Over 150 years later, and now into the fifth generation of the family, Fred. Olsen operates cruises aboard smaller ships and sails to some of the world's greatest and most authentic destinations to provide guests with simply unforgettable holiday experiences.



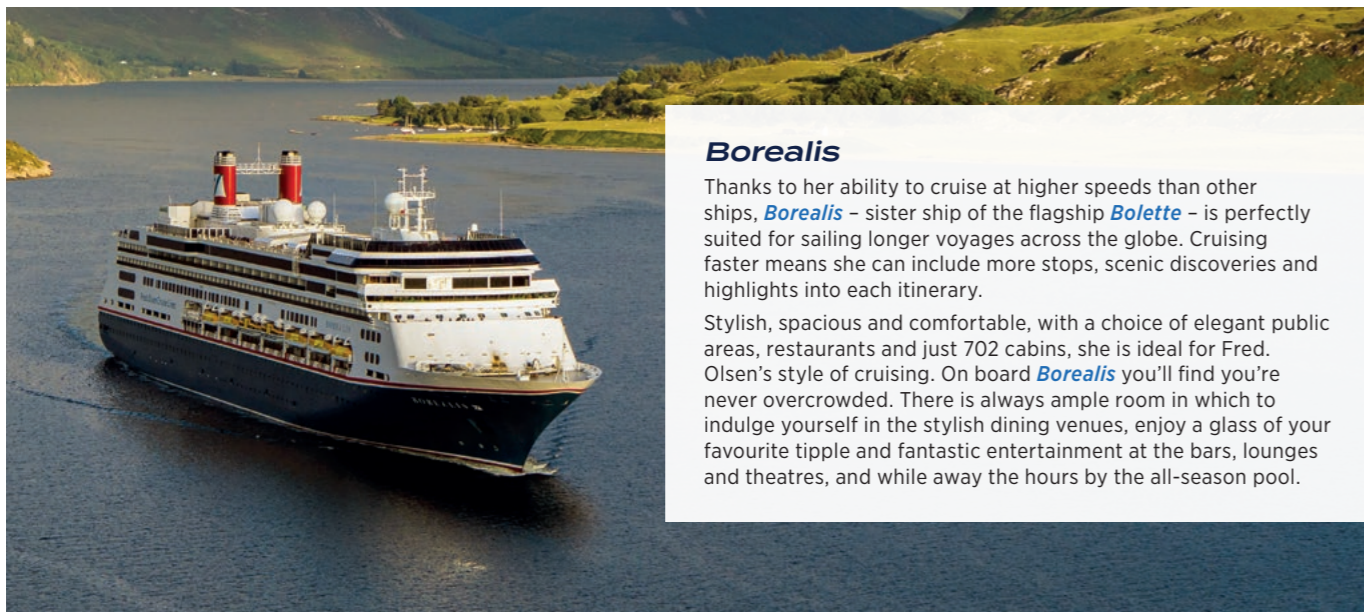
INTRODUCING THE FLEET

Bolette

Proudly bearing the name of the wife of one of the original founding brothers - Petter Olsen, **Bolette** has a historic connection to the Olsen family. Exuding classic, elegant style, and featuring spacious and comfortable public areas, with just 690 cabins, the flagship leads the fleet of smaller ships by example.

She can travel at high speeds, enabling passengers to reach destinations more quickly, meaning the journey planners can craft itineraries that include additional visits to exciting destinations, and more time sailing the most scenic routes.

Bolette provides guests with plenty of space to relax within the bars, lounges, theatres and out on the open decks.



Borealis

Thanks to her ability to cruise at higher speeds than other ships, **Borealis** - sister ship of the flagship **Bolette** - is perfectly suited for sailing longer voyages across the globe. Cruising faster means she can include more stops, scenic discoveries and highlights into each itinerary.

Stylish, spacious and comfortable, with a choice of elegant public areas, restaurants and just 702 cabins, she is ideal for Fred. Olsen's style of cruising. On board **Borealis** you'll find you're never overcrowded. There is always ample room in which to indulge yourself in the stylish dining venues, enjoy a glass of your favourite tippie and fantastic entertainment at the bars, lounges and theatres, and while away the hours by the all-season pool.

Balmoral

Named after the Scottish residence of the British Royal Family, **Balmoral** features just 710 guest cabins, and thanks to her smaller size, she can navigate some of Europe's most picturesque waterways, including the Kiel Canal and River Seine, and retains the warm, intimate and friendly atmosphere that the Fred. Olsen fleet is renowned for.

Guests on board have plenty of space to relax in, with elegant and comfortable lounges, bars and public areas, including two Speciality Dining restaurants, the Marquee Bar with comfortable rattan sofas, a beautiful open promenade and two separate swimming pool decks.



LIFE ON BOARD

You'll find a range of cabins and suites on board Fred. Olsen ships, so you can choose the cabin type, layout and price to suit you. Much of the accommodation has been refitted as part of their extensive, fleet-wide refurbishment programme making the stylish, comfortable cabins even more of a home from home.

They've thought of everything to ensure your time on board is as enjoyable, relaxing and carefree as possible.

All of the cabins are equipped with climate control, an interactive smart TV, hairdryer, desk, phone, fridge (which can be stocked as a mini-bar) and tea and coffee making facilities as standard.

SUITE DREAMS PACKAGE

Offered with compliments in all of the Suites, the Suite Dreams package includes a few little extra luxuries to make your time on board your chosen Fred. Olsen ship even more special.

Priority check-in and a bottle of sparkling wine will ensure you're perfectly welcomed when you first step on board. Daily canapés and a fruit basket are also available, as are comfortable bathrobes and slippers. Binoculars are on hand, along with a world atlas, for you to use - ideal for Scenic Discoveries, where you'll marvel at the beautiful fjords and waterways you will cruise along.



Canapés, fruit and champagne in Suite

Premier Suite

At approximately 568 to 644 square feet in size, Premier Suites are spacious and stylish, and feature all the amenities' guests need for a comfortable, restful stay, as well as a few extra touches that help make for an even more special experience. Inside this spacious suite you shall find a luxury king size bed to sink into after a thrilling day of exploring, a separate seating area to relax in, as well as your own dressing area to get ready in. Outside on your private balcony you shall find a large table and chairs, perfect to sip your morning beverage and even sun loungers where you can take a seat and enjoy the stunning scenery and watch the world go by.

Balcony Suite

The Balcony Suites feature all the amenities and comforts guests need during their stay, and provide ample space in which to relax, both indoors and outside on a private balcony.

Balcony Junior Suite

Balcony Junior Suites are a welcoming, comfortable space. Guests will find ample room to relax, and all the amenities they need during their stay, plus a private balcony for soaking up sunshine and scenery outside.

Terrace Cabin

Terrace Cabins offer guests the space, natural light and airiness of an Ocean View Cabin, but with the additional benefit of direct access to the Promenade Deck and designated sun loungers - perfect for enjoying the sunshine, scenery and sea breeze.

Ocean View Cabin

Ocean View Cabins benefit from plenty of soothing natural light and boast fantastic ocean views, provided by a large picture window.

Interior

Interior Cabins have all the amenities and comforts guests need, and are positioned close to the ship's stairs and lifts, providing easy access to the upper decks and their public areas.



Bolette, Premier Suite



Borealis, Balcony Suite



Cultural enthusiasts will be interested by the long and turbulent history within the Mediterranean and Adriatic. Conflicts over the centuries to control the region included the Punic wars involving the Romans and Phoenicians/Carthaginians, WWII and more recently the Yugoslav Wars. The difference control have influenced how the area has been shaped and enthusiasts can bring the cultural history to life by visiting the different architecture. Nature enthusiast can encounter remarkable landscapes in the region.

YOUR SIGNATURE EXPERIENCES

★SCENIC DISCOVERY★

The Mediterranean & Adriatic boast some of the most spectacular scenery within Europe, Fred. Olsen. Have designed their itinerary specifically to take in soaring mountains, rocky cliff faces and ancient architecture found in the region, including the fjords like landscape on the UNESCO-listed Bay of Kotor.

★TREATS OF THE REGION★

As you and your fellow passengers explore the Mediterranean & Adriatic together your will be able to sample some of the mouth-watering local cuisine such as the Greek appetiser Pitarakia. Fred. Olsen's talented team of chefs will teach you how to recreate these traditional dishes at home, allowing you to WOW guests at a dinner party or simple to bring back the memories of the cruise.

★ITINERARY INSIGHTS★

With expansive history & cultural influences within the region Fred. Olsens tailored talks and lectures will deepen your understanding of each destination featured within the itinerary. From ancient civilisations who inhabited the area to the wildlife who call the region home, these talks are designed to attract everyone.



THE BRAND-NEW NO-FLY 2024
CULTURAL ADRIATIC
LAUNCH PROMOTION

DISCOVERY



FREE DOOR TO DOOR TRANSFER** OR FREE ON BOARD SPEND UP TO £500* EXCLUSIVE FREE GRATUITIES WORTH UP TO £200** EXCLUSIVE SAVINGS OF UP TO £400± JUST A DEPOSIT REQUIRED TO SECURE YOUR CABIN OCEAN MEMBERS SAVE 5%±

20 NIGHTS DEPARTING 30TH MAY 2024

MAY 2024

Thu 30 **Embark *Borealis* and depart Southampton**

JUNE 2024

Mon 3 **Gibraltar**
Cruise by Rock of Gibraltar

Thu 6 **Valletta, Malta**
The instantly recognizable 16th century walls and Grand Harbour of Valletta have seen many conflicts, and its diverse architecture is testament to them. Influences from the Romans, Greeks, Crusaders and British are evident in the various churches and palaces. Most noteworthy are the National War Museum, housing many military artefacts and the Casa Rocca Piccola Palace. Located in the north of the island is the silent city of Mdina, home to the Roman burial complex of St. Paul's Catacombs



Sat 8 **Dubrovnik, Croatia**
Known as the 'Pearl of the Adriatic', Dubrovnik is nestled between the mountains and sea on Croatia's Dalmatian Coast. The deeply historic city is a UNESCO World Heritage Site, and still has magnificent medieval walls surrounding it, protecting monuments from the Gothic, Renaissance and Baroque periods. The pedestrianised Old Town is full of narrow cobbled streets leading to the 14th century Dominican Monastery, which houses rare books and manuscripts

Sun 9 **Split, Croatia**
Mon 10 **Kotor, Montenegro**
Cruise Bay of Kotor

Montenegro's Bay of Kotor has towering peaks and a rocky coastline dotted with waterside towns. The Orjen Mountains to the west and the Lovćen mountains to the east, surround this bay of water; where there are many architectural and natural sites, including the Saint George Benedictine Monastery on the waters edge and the twin islands of St. George and Our Lady of the Rocks, both of which are religious pilgrimage sites

Wed 12 **La Goulette, Tunisia**
Fri 14 **Cartagena, Spain**
Cruise Cartagena Bay

Sun 16 **Lisbon, Portugal**
Portugal's capital city offers an abundance of maritime highlights, including the iconic Ponte de Abril suspension bridge, and the UNESCO-listed Belém Tower, which served as an embarkation and disembarkation point for Vasco de Gama and other Portuguese explorers. The delicious pastéis de nata are also not to be missed when visiting Lisbon, particularly when sampled at the original bakery, which opened in 1837
Cruise by Cristo Rei & Abril 24 Bridge



Wed 19 **Arrive in Southampton**
Dates not mentioned are spent relaxing at sea.

WHAT'S INCLUDED IN YOUR EXCLUSIVE ROL CRUISE PROMOTION

EXCLUSIVE SAVINGS OF UP TO £400± - ROL CRUISE FARES WILL INCREASE 8PM 28TH FEBRUARY 2023 - PLEASE DO NOT DELAY

Full board no-fly cruising on board *Borealis*, including:

- FREE door to door transfers up to 250 miles**
- OR
- FREE on board spend of up to £500*
- PLUS, EXCLUSIVE FREE GRATUITIES worth up to £200 for Terrace Suites cabins and above**
- Signature Experiences*
- All meals and late-night snacks throughout your cruise
- Culinary demonstration and wine tasting venues**
- Additional spa facilities including a thermal suite & hydrotherapy pool
- FREE tea and coffee on board (at selected venues)
- Captain's Drink Party and Gala Buffet All current port supplements and taxes

The currency on board is pound sterling, so you won't be affected by any foreign exchange rate fluctuation

OCEANS MEMBERS SAVE UP TO 5% OFF THE ADVERTISED PRICES*

EXCLUSIVE CRUISE MILES*
Earn up to 17,598 Cruise Miles* when booking this incredible voyage, worth £175 off your next booking with ROL Cruise**



YOUR ROL CRUISE LAUNCH FARES

CABIN	FULL FARE FROM (PP)	ROL CRUISE FARE (PP)
Inside	£2,999	£2,979
Ocean View	£3,499	£3,479
Terrace Suite	£5,599	£5,539
Balcony Suite	£6,799	£6,699
Premier Suite	£8,999	£8,799

Solo fares available from £4,999

Booking conditions of Fred. Olsen Cruise Lines (ATOL 5016) and Reader Offers Limited Agency terms of business apply. Please see back page for full terms and conditions.



Fred. Olsen Cruise Lines

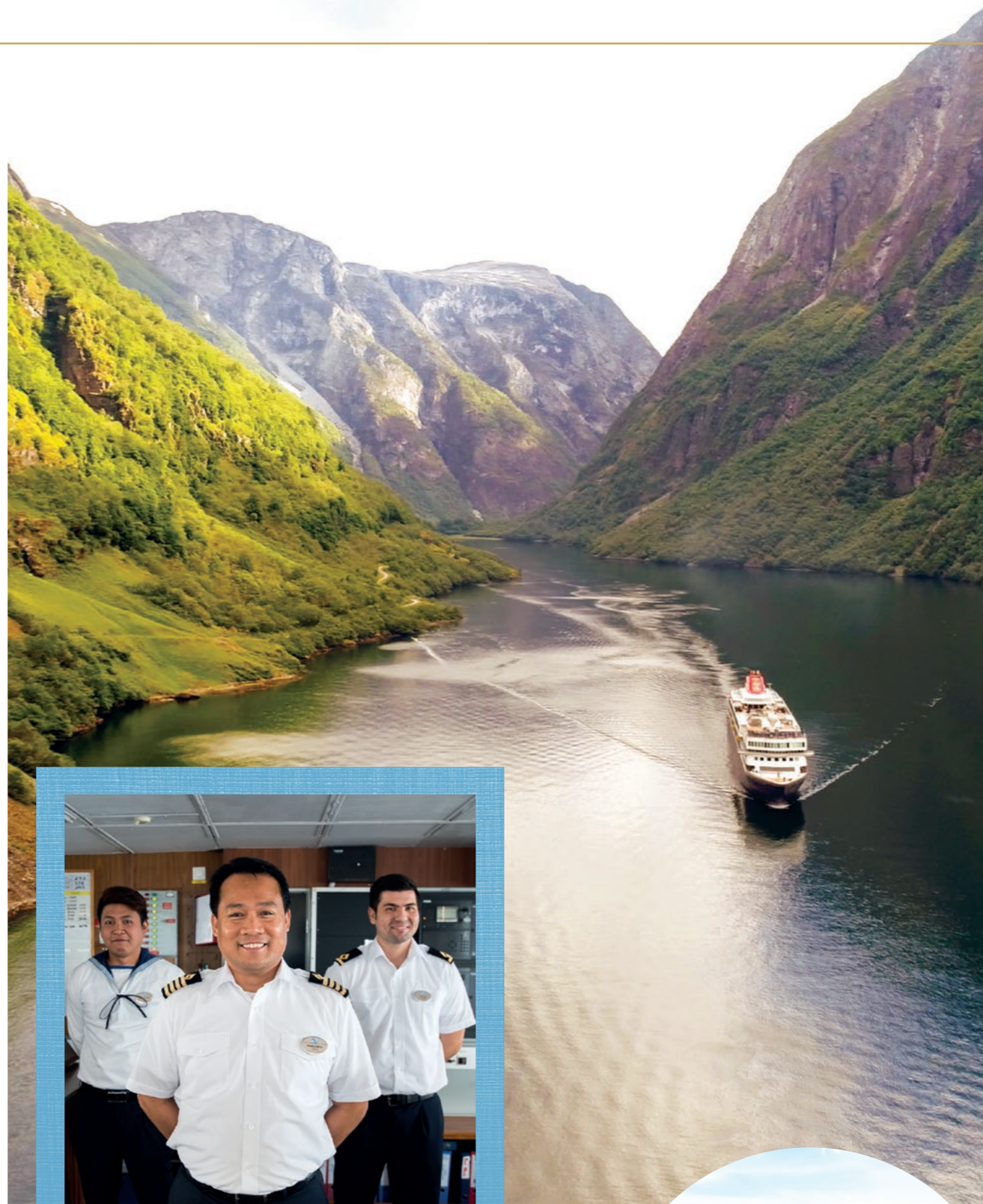
THE JOY of the JOURNEY

Fred. Olsen Cruise Lines believe the purpose of a cruise is to experience the wonders of the world, by always looking out, not facing in. Seeing the world from the water is the best way to fully appreciate it and the observation lounges on our ships are designed especially with places to sit, watch the world go by, and enjoy the wonderful views.



SIGNATURE EXPERIENCES

Fred. Olsen have designed five new Signature Experiences for 2023 which you will find on every sailing. Each experience has been created to encapsulate what Fred. Olsen think is special about the way they cruise and to make sure that those who love to travel get the most out of their journey and the destinations they visit with them.



JOY OF THE JOURNEY GUIDES

Journey Guides will be on board to share with Fred. Olsen Cruise Line guests what they can look forward to with the on board 'Signature Experiences. They will host talks, presentations and private lunches, and are available to anyone who wishes to find out more about their journey. And please don't worry, if sitting and relaxing is what you are on the cruise to do, that's fine too.

You will find our Journey Guide - including a Nature Guide, Culture Guide, Entertainment Host and Maritime Guide - on board every Fred. Olsen ship to entertain and inspire, with their insights and stories.



1. ITINERARY INSIGHTS

You can join fascinating talks as part of their Itinerary Insights programme. From lively lectures to smaller entertaining talks you can find out all about the culture, history, architecture and hidden gems of the places you will visit. On certain nature cruises Nature Scouts will help spot marine and bird life out on deck as well as talking about local flora and fauna of the destination you are in.



2. SCENIC DISCOVERY

You don't just travel from A to B with Fred. Olsen, their cruises are planned with Scenic Discovery routes in mind. These routes are designed to take in all the islands, ports, waterways, lochs and lakes, fjords and interesting seascapes that are out there. You can also join their team for interesting talks or out on deck where they will point out the geology and wildlife you are passing along the way.



3. TREAT OF THE REGION

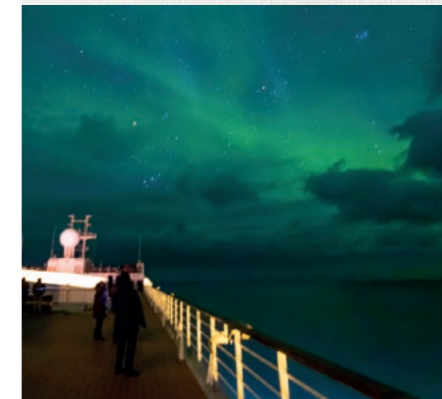
During their Treats of the Region cookery demonstrations, chefs will show you how to prepare local dishes. You will also have the chance to taste local delicacies which are on the menu for lunch and dinner.

Please see page 28 to experience a Treat of the Region



4. THE SKY AT SEA

The Sky At Sea sessions will invite you out on deck to enjoy sunrise and sunset events. You can also go along to the stargazing sessions where you can sit back on the open deck, snuggled up in a warm blanket with a hot chocolate or toddy and listen as their Nature Scout or visiting astronomers bring the night sky to life.



5. THE SHIP AND THE SEA

As a family-run business with almost 200 years of maritime history, Fred. Olsen are perfectly placed to show you what it takes to run a cruise ship. They have a programme called The Ship and The Sea where you can join their friendly Maritime Guide to explore the ship on a small private tour or join in with their "Audience With" interviews with the captain and officers on board.





Fred. Olsen Cruise Lines

★ YOUR GRAND WORLD VOYAGE HIGHLIGHTS ★



THE GREAT BARRIER REEF

The jewel in Australia's crown, the Great Barrier Reef is blessed with the magnificent beauty of the world's largest coral reef. As one of the Seven Natural Wonders of the World, you'd expect great things from a visit here, and you can rest assured that you will not be disappointed! The world's largest coral reef, made up of over 3,000 individual reefs and over 1,250 miles long, is one of our planet's most amazing natural wonders. Experience this underwater world that is a dazzling kaleidoscope of colour and brilliance. Choose to snorkel, take a glass-bottom-boat tour, view the reef from an underwater observatory, and watch fish feeding.

HISTORIC HONOLULU

Capital of Hawaii, Honolulu is located on the island of Oahu, home to the famous Waikiki Beach with its calm waters, and overlooked by Mount Lē'ahi. The most important historical point on Oahu is Pearl Harbor – where, on December 7th 1940, a surprise air attack by the Japanese threw the USA into World War II. It is still possible to see oil pooling on the surface of the harbour where the USS Arizona sank, and now rests with its 1,000 lost souls.



SPARKLING SINGAPORE

Located at the tip of the Malay Peninsula, Singapore is a melting pot of culture, architecture and the arts. Modern skyscrapers sit alongside tropical rainforests, and there are reminders of its colonial past in buildings such as the famous Raffles Hotel, where a Singapore Sling is obligatory; and the Old Parliament House, originally built in 1826. The Singapore Flyer, the world's tallest ferris wheel, and the hi-tech Gardens by the Bay are both innovative and fascinating.



PANAMA CANAL TRANSIT

The Panama Canal is one of the world's greatest feats of engineering, stretching 48 miles across the continental divide, from Panama City on the Pacific side to Colón on the Atlantic side. The canal transit takes approximately 8 hours which will give you time to relax on deck and witness the amazing mix of manmade construction and beautiful unspoilt scenery. Referred to by many as the 'eighth wonder of the world', your ship will pass through three locks, being lifted and lowered in excess of 170 feet in the process. Between these locks is a 21-mile transit through Gatun Lake, which was once the largest artificial lake in the world, and is still surrounded by untouched, dense rainforest which plays host to a vast array of Central American animal and plant species. The lake forms a major part of the Panama Canal transit across the Isthmus of Panama.



THE BESTSELLING NO-FLY
GRAND WORLD
EXCLUSIVE PROMOTION

2024
VOYAGE



FREE ON BOARD SPEND OF UP TO £1,200*

JUST A DEPOSIT REQUIRED TO SECURE YOUR CABIN

EXCLUSIVE SAVINGS OF UP TO £1,800[±]

OCEANS MEMBERS SAVE 5%[±]

101 NIGHTS DEPARTING 7TH JANUARY 2024

JANUARY 2024

Sun 7 **Embark *Borealis* and depart Southampton**
Sun 14 **King's Wharf, Bermuda** (depart early pm)
Tue 16 - **Charleston, South Carolina, USA** (overnight -
Wed 17 **depart early pm**)

A historic port city known for its deep Southern roots, Charleston is full of charming and unique Southern-style buildings, lining streets where Spanish moss gently waves on the arms of old oak trees. The architecture here has many influences, from Colonial to Georgian to Art Deco, each marking a particular historical era



Thu 18 **Port Canaveral, Florida, USA**
Fri 19 **Fort Lauderdale, Florida, USA**
Sat 20 **Key West, Florida, USA** (depart early pm)
Tue 23 **★Transit the Panama Canal★**
Wed 24 **Golfito, Costa Rica** (arrive early pm)
Thu 25 **Puerto Caldera, Costa Rica** (depart late night)
Sun 28 **Acapulco, Mexico** (depart early pm)

FEBRUARY 2024

Sun 4 **Honolulu (Oahu), Hawaii, USA** (depart late night)
Mon 5 **Lahaina (Maui), Hawaii, USA**
Tue 6 **Hilo, Hawaii, USA** (depart early pm)
Sun 11 **Raiatea, French Polynesia**
★MAIDEN PORT★

Papeete (Tahiti), French Polynesia
Bora Bora, French Polynesia
★Cross the International Date Line★

Mon 19 - **Auckland, New Zealand**
Tue 20 (overnight - depart late night)
Thu 22 **Picton, New Zealand ★MAIDEN PORT★**

Cruising Dusky Sound, Doubtful Sound & Milford Sound
Sat 24 **Sydney, Australia** (overnight - depart late night)
Tue 27 - **Capital of New South Wales, Sydney is home to a plethora**
Wed 28 **of iconic attractions, including the vertiginous Harbour**



Bridge and masterpiece of 20th century architecture, the Opera House. Sydney has evolved into Australia's most cosmopolitan city with diverse cultures, and its Aboriginal heritage can be seen in many parts of the city. Close by are the breath-taking Blue Mountains, a range of craggy sandstone cliffs and caves, encased in native bushland, and the Aboriginals seasonal home and ceremonial place

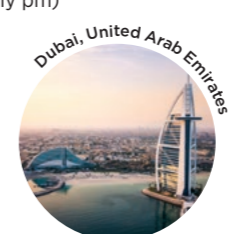
Thu 29

MARCH 2024

Sun 3 **Cairns (for the Great Barrier Reef*), Australia**
Tue 5 **Alotau, Papua New Guinea** (depart early pm)
Sun 10 **Komodo Island, Indonesia** (depart early pm)
Mon 11 **Bali (from Celukan Bawang), Indonesia** (arrive early pm)

★MAIDEN PORT★

Thu 14 **Singapore** (depart late night)
Sat 16 **Phuket, Thailand** (depart late night)
Wed 20 **Kochi, India** (depart late night)
Fri 22 **Mormugão, Goa, India** (depart early pm)
Sat 23 **Mumbai, India** (depart early pm)
Tue 26 - **Dubai, United Arab Emirates**
Wed 27 (overnight - depart late night)
Thu 28 **Khasab, Oman** (depart early pm)
Fri 29 **Muscat, Oman** (depart early pm)



APRIL 2024

Thu 4 **Aqaba, Jordan** (depart late night)
Fri 5 - **★Transit the Suez Canal★**
Sat 6

Sun 7 **Haifa, Israel**
Mon 8 **Limassol, Cyprus** (depart early pm)
Tue 9 **Rhodes, Greece**
Thu 11 **Valletta, Malta** (depart early pm)
Sat 13 **Cartagena, Spain** (arrive early pm)

Wed 17 **Arrive in Southampton**

Dates not mentioned are spent relaxing at sea. A day may be lost/gained when crossing the International Date Line.

EXPERIENCE THE DIFFERENCE

WHAT'S INCLUDED IN YOUR EXCLUSIVE ROL CRUISE PROMOTION

EXCLUSIVE SAVINGS OF UP TO £1,800[±] WHEN YOU BOOK BY 8PM 28TH FEBRUARY 2023

BOOK WITH THE NO. 1 CRUISE SPECIALIST FOR FRED. OLSEN CRUISE LINES

101 NIGHTS full board no-fly cruising on board one of the newest ships to the Fred. Olsen fleet, *Borealis*, including:

- FREE on board spend worth up to £1,200*
- All meals throughout your cruise, from five-course à la carte dining to casual buffets and late-night snacks
- Enjoy Nature Guides, Culture Guides, Maritime Guides & Entertainment Hosts throughout your cruise designed to enhance your experiences on land & at sea!
- Culinary demonstration and wine tasting venues**
- An all-weather swimming pool with a retractable roof
- All current port supplements and taxes
- All Inclusive Drinks Upgrade is available from only £24.99^{pp} per night

The currency on board is pound sterling, so you won't be affected by any foreign exchange rate fluctuation

OCEANS MEMBERS SAVE 5% ON THE ADVERTISED PRICES*

EXCLUSIVE CRUISE MILES*

Earn up to 56,198 Cruise Miles* when booking this fantastic cruise, worth £561 off your next booking with ROL Cruise**



YOUR BESTSELLING ROL CRUISE FARES

CABIN	GRADE	FULL FARE ^(pp)	EXCLUSIVE ROL CRUISE FARE ^(pp)
Interior	I	£13,999	£13,579
Ocean View	D	£16,499	£15,999
UPGRADE to a Superior Ocean View Cabin from only £10 ^{pp} per night*			
Superior Ocean View	B	£17,499	£16,969
Balcony Junior Suite	BJ	£27,999	£27,159
Balcony Suite	BS	£28,999	£28,099
Premier Suite	PS		- SOLD OUT -

Solo fares are available from £19,889

BOOK TODAY WITH JUST A DEPOSIT

THE BESTSELLING NO-FLY 2023 MAIDEN AFRICA & INDIAN OCEAN GRAND VOYAGE



- EXCLUSIVE SAVINGS OF UP TO **£800***
- EXCLUSIVE FREE GRATUITIES SAVING UP TO **£930****
- DOOR TO DOOR TRANSFERS INCLUDED FOR ALL BOOKINGS**
- FREE ON BOARD SPEND OF UP TO **£400***
- EXCLUSIVE FARES WILL INCREASE 8PM 28TH FEBRUARY 2023

THE OLSEN WAY HIGHLIGHTS

Chances to seek out remarkable flora and fauna – from lemurs, chameleons and ylang-ylang plants in Madagascar. You can get up close to Tutankhamun's burial ground at the Valley of the Kings, from Safaga, while the Indian leg of your journey brings opportunities to visit Goan spice and tea plantations, cook Kerala cuisine, and assist a 'Dabbawala' in Mumbai with their deliveries. With four days in Cape Town there will be ample time to discover historic sites such as Signal Hill and Robben Island. Walvis Bay is your gateway to the colossal dunes of the Namib, the world's oldest desert, whereas Réunion Island boasts sweeping volcanic landscapes, dense forests and cascading waterfalls. We will head off the tourist trail to explore the less-visited gems of São Tomé and Zanzibar.



★★ EXPERIENCE A CRUISE ADVENTURE OF A LIFETIME ★★

Fred. Olsen Cruise Lines

WHAT'S INCLUDED IN YOUR EXCLUSIVE ROL CRUISE PROMOTION

EXCLUSIVE SAVINGS OF UP TO £800* – PLEASE DO NOT DELAY – FARES WILL INCREASE 8PM 28TH FEBRUARY 2023

- BESTSELLING VOYAGE – DEMAND IS HIGH, PLEASE DO NOT DELAY**
- THE CURRENCY ON BOARD IS POUND STERLING, SO YOU WON'T BE AFFECTED BY ANY FOREIGN EXCHANGE RATE FLUCTUATION**
- FREE DOOR TO DOOR transfer service, up to 200 miles each way, for all bookings****
- EXCLUSIVE FREE gratuities** saving up to **£930**, when booking a Terrace cabin or above**
- 93 NIGHT** full board no-fly Maiden South Africa & Indian Ocean voyage on board *Bolette*, including:
 - FREE** on board spend of up to **£400*** for all bookings to use against shore excursions, spa treatments and more*
 - 5% DISCOUNT** for Oceans members[±]
 - 38** maiden ports of call from Alexandria to Dakar
 - All meals throughout your cruise, from five-course à la carte dining to casual buffets and late-night snacks
 - A wide choice of restaurants, lounges and bars
 - Every night a different show
 - An all-weather swimming pool with a retractable roof
 - FREE** tea and coffee on board (at selected venues)
 - All current port supplements and taxes
 - All Inclusive Drinks Upgrade is available from only £24.99^{pp} per night**
- The currency on board is pound sterling, so you won't be affected by any foreign exchange rate fluctuation
- EXCLUSIVE CRUISE MILES***
Earn up to **60,998 Cruise Miles***, worth **£609** off your next booking with ROL Cruise^{††}



YOUR 93 NIGHT GRAND VOYAGE DEPARTS 19TH NOVEMBER 2023

NOVEMBER 2023

★YOUR DOOR-TO-DOOR SERVICE WILL TRANSFER YOU TO THE PORT★**

Sun 19 Embark *Bolette* and depart **Southampton**
 Thu 23 **Tangier, Morocco**
 Sun 26 **Valletta, Malta**
 Wed 29 **Alexandria, Egypt**
 Thu 30 **Port Said, Egypt** (depart late night)

DECEMBER 2023

Fri 1 ★*Transit the Suez Canal*★
 Sat 2 **Sharm el-Sheikh, Egypt** (depart late night)
 Sun 3 **Safaga (for the Valley of the Kings**), Egypt** (depart late night)
 Tue 5 **Jeddah, Saudi Arabia**
 Sat 9 **Salalah, Oman**
 Tue 12 **Mumbai, India**
 Wed 13 **Mormugao, India**
 Thu 14 **New Mangalore, India**
 Fri 15 **Kochi, Kerala, India**
 Sat 16 **Uligamu, Maldives**
 Mon 18 **Hithadhoo, Maldives**
 Thu 21 - Fri 22 **Victoria, Mahé, Seychelles** (overnight – depart late night)
 Sat 23 **Praslin Island, Seychelles**



Mon 25 ★*Spend Christmas Day relaxing at sea*★
 Spending the festive season on board a smaller, friendlier cruise ship offers you the chance to celebrate with 'all the trimmings', including traditional Christmas food, thrilling on board entertainment and many other little touches, as the friendly, attentive staff take care of your every need. Simply sit back, relax and enjoy!

Thu 28 - Fri 29 **Mombasa, Kenya** (overnight)
 Sat 30 **Zanzibar, Tanzania**
 Sun 31 **Dar Es Salaam, Tanzania** (arrive late night)
 ★*New Year's Eve*★



JANUARY 2024

Mon 1 ★*Spend New Year's Day relaxing at sea*★
 Tue 2 **Mamoudzou, Mayotte**
 Wed 3 **Andoany, Nosy Be, Madagascar**
 Nearly 80% of Madagascar's flora and fauna exists nowhere else on Earth. The flourishing forests of Nosy Be teem with vibrant life: lemurs, chameleons, ylangylang plants and baobab trees head the list of highlights

Thu 4 **Antsiranana, Madagascar**
 Sun 7 **Port Réunion, Réunion**
 Mon 8 - Wed 10 **Port Louis, Mauritius**
 ★*Two night stay*★
 Port Louis delivers a slice of everyday Mauritian life. Perched by the azure waters of the Indian Ocean, the port is known for its French architecture. A visit to the lively Central Market is recommended for local produce and handicrafts



Fri 12 **Toamasina, Madagascar**
 Sun 14 **Port D'Ehoala (for Fort-Dauphin), Madagascar**
 Maputo, Mozambique (depart late night)
 Wed 17 **Richards Bay, South Africa** (depart late night)
 Fri 19 **Durban, South Africa**
 Sat 20 **East London, South Africa**
 Mon 22 **Port Elizabeth, South Africa**
 Tue 23 **Mossel Bay, South Africa**
 Wed 24 **Cape Town, South Africa**
 ★*Three night stay*★
 Be sure to explore Table Mountain National Park during your time in Cape Town – its 85 square miles of beauty are home to a plethora of flora and fauna, including caracals, rock hyraxes and chacma baboons

Wed 31 **Walvis Bay (for the Namib Desert**), Namibia**
FEBRUARY 2024
 Sun 4 **São Tomé, São Tomé and Príncipe**
 Tue 6 **Cotonou, Benin**
 Wed 7 **Lomé, Togo**
 Thu 8 **Takoradi, Ghana**
 Mon 12 **Dakar, Senegal**
 Thu 15 **Santa Cruz, Tenerife** (depart early pm)
 Fri 16 **Funchal, Madeira**
 Tue 20 **Arrive in Southampton**



★YOUR DOOR-TO-DOOR SERVICE WILL BE AWAITING YOUR ARRIVAL TO TRANSFER YOU HOME★**
 Dates not mentioned are spent relaxing at sea.



5% DISCOUNT FOR OCEANS MEMBERS[±]

YOUR INCREDIBLE ROL CRUISE FARES

CABIN	GRADE	FULL FARE (PP)	EXCLUSIVE FARE ROL CRUISE FARE (PP)
Interior	I	£11,199	£10,999
Ocean View	E	£12,499	£12,299
Terrace	TC	£20,199	£19,999
Balcony Junior Suite	BJ	£24,199	£23,999
Premier Suite	PS	£30,699	£30,499

Solo fares are available from **£24,999**

JUST A DEPOSIT REQUIRED TO SECURE YOUR PREFERRED CABIN

Booking conditions of Fred. Olsen Cruise Lines (ATOL 5016) and Reader Offers Limited Agency terms of business apply. ±Oceans Club discount T&Cs apply. **Door-to-door transfer service is one transfer (each way) can be purchased at a supplement. Guests may be required to share the transport for all or part of the journey. Please see the back page for full terms and conditions.

per booking, up to a maximum of 200 UK mainland miles for all guests, from the lead guest address. Outbound and inbound mileage cannot be combined should you only require a one-way transfer. Additional miles

THE NO-FLY 2023
Classic
CARIBBEAN ISLANDS SALE

EXCLUSIVE FREE GRATUITIES WORTH UP TO £290⁺⁺ + FREE ALL-INCLUSIVE DRINKS PACKAGE WORTH UP TO £1,449⁺⁺ OR FREE ON BOARD SPEND OF UP TO £870⁺

EXCLUSIVE SAVINGS OF UP TO £600[±]

29 NIGHTS DEPARTING 15TH NOVEMBER 2023

- NOVEMBER 2023
- Wed 15 Embark *Borealis* and depart Liverpool
 - Sun 19 Funchal, Madeira
 - Sun 26 St. John's, Antigua
With 365 beaches – one for each day of the year, say the locals – Antigua is a true sun worshipper's paradise. St. John's is your gateway to historic sites including the restored Nelson's Dockyard. For a stunning snapshot of the island, be sure to head to the Shirley Heights Lookout
 - Mon 27 Fort-de-France, Martinique
 - Tue 28 Bridgetown, Barbados
Barbados' highlights include exotic botanical gardens, Harrison's Cave and the legendary Kensington Oval cricket ground. For a true taste of the island, enjoy a tour** of Mount Gay, the world's oldest commercial rum distillery
 - Wed 29 St. George's, Grenada
 - Thu 30 Port Elizabeth, Bequia, St. Vincent & the Grenadines
Fondly known as the 'Big little Island', Bequia is the northernmost of the Grenadines, with a lasting seafaring history. Famous for its sandy white beaches and topaz blue sea, it never feels crowded on Bequia, as can be seen from the few houses dotted within the lush green hillsides
- DECEMBER 2023
- Fri 1 Castries, St. Lucia
Cruising by the Pitons
 - Sat 2 Roseau, Dominica
Capital of Dominica, Roseau is located on the southwest coast at the mouth of the Roseau River. Best known for the UNESCO listed Trois Pitons National Park, where volcanic scenery merges with tropical rainforests and deep valleys, there are hot springs and five volcanoes sitting alongside freshwater lakes and waterfalls
 - Sun 3 Basseterre, St. Kitts
 - Mon 4 Philipsburg, St. Maarten

- Sun 10 Ponta Delgada, São Miguel, Azores
 - Thu 14 Arrive in Liverpool
- Dates not mentioned will be spent relaxing at sea

★THE OLSEN WAY HIGHLIGHTS★

This island-hopping adventure is the perfect cocktail of winter sun, fascinating history and quintessential Caribbean experiences. Your itinerary includes the lesser-known gem of Bequia, and Antigua, home to 365 beaches and historic landmarks such as Nelson's Dockyard. There's the chance to uncover sugar cane history aboard the St. Kitts Scenic Railway during your call into Basseterre, and sample Caribbean rum at the Mount Gay Distillery – believed to be the oldest working distillery in the world – in Barbados. St. Lucia's towering volcanic pitons can be viewed from ashore and at sea, as *Borealis* cruises past this UNESCO-listed site following your call into Castries.

YOUR INCREDIBLE ROL CRUISE SALE FARES

CABIN	GRADE	FULL FARE (PP)	EXCLUSIVE ROL CRUISE FARE (PP)
Interior	I	£3,599	£3,299
Ocean View	E	£4,399	£4,099
Superior Ocean View	C	£5,099	£4,799
Terrace	TC	£6,499	£6,199
Balcony Junior Suite	BJ	£7,999	£7,699
Premier Suite	PS	£10,999	£10,799

Solo prices are available from **£8,899**
JUST A DEPOSIT REQUIRED TO BOOK

Booking conditions of Fred. Olsen Cruise Lines (ATOL 5016) and Reader Offers Limited Agency terms of business apply. Please see back page for full terms and conditions.

THE NO-FLY 2023
Amalfi
COAST EXPLORATION SALE

EXCLUSIVE FREE GRATUITIES WORTH UP TO £160⁺⁺ + FREE ALL-INCLUSIVE DRINKS PACKAGE WORTH UP TO £799⁺⁺ OR FREE ON BOARD SPEND OF UP TO £480⁺

16 NIGHTS DEPARTING 17TH SEPTEMBER 2023

- SEPTEMBER 2023
- Sun 17 Embark *Borealis* and depart Liverpool
 - Thu 21 Málaga, Spain
 - Sat 23 Cagliari, Sardinia, Italy (depart early pm)
 - Sun 24 Sorrento, Amalfi Coast, Italy
Sorrento's rugged cliffs line the Amalfi Coast above the topaz-hued waters, where it is possible to see Capri Island and Mount Vesuvius across the Bay of Naples. Many of the town's structures date back to Roman times, including St. Francis Monastery and the Basilica di Sant'Antonio
 - Mon 25 Salerno, Italy (arrive late night – overnight)
 - Tue 26 Salerno, Italy (depart early am)
Amalfi, Amalfi Coast, Italy
The exquisite town of Amalfi, located within a deep ravine at the base of Monte Cerreto, is a UNESCO listed World Heritage Site due to its natural beauty. Surrounded by the most turquoise of seas, and streets lined with wisteria-covered buildings, it's known locally as the 'Pearl of the Mediterranean'
Cruising the Amalfi Coast at sunset
 - Wed 27 Civitavecchia (for Rome), Italy
The Eternal City is packed with highlights, why not visit St. Peter's Basilica, the Sistine Chapel, the Colosseum, the Forum, the Pantheon and Circus Maximus. Rome's history spans 2,500 years and its historic centre is listed as a UNESCO World Heritage Site
 - Fri 29 Cartagena, Spain
- OCTOBER 2023
- Tue 3 Arrive in Liverpool

WHAT'S INCLUDED IN YOUR EXCLUSIVE ROL CRUISE PROMOTION

EXCLUSIVE SAVINGS OF UP TO £600[±]
PLEASE DO NOT DELAY, FARES WILL INCREASE 8PM 28TH FEBRUARY 2023

- Full board cruising on board *Borealis* including:
- FREE all-inclusive drinks package worth up to £1,449⁺⁺
- OR
- FREE on board spend of up to £870⁺
 - PLUS, EXCLUSIVE FREE GRATUITIES worth up to £290 for Ocean View cabins and above**
 - Signature Experiences*
 - All meals and late-night snacks throughout your cruise
 - Culinary demonstration and wine tasting venues**
 - Additional spa facilities including a thermal suite & hydrotherapy pool
 - FREE tea and coffee on board (at selected venues)
 - Captain's Drink Party and Gala Buffet All current port supplements and taxes
- The currency on board is pound sterling, so you won't be affected by any foreign exchange rate fluctuation

OCEANS MEMBERS SAVE UP TO 5% OFF THE ADVERTISED PRICES*

EXCLUSIVE CRUISE MILES*
Earn up to 21,598 Cruise Miles* when booking one of these fantastic cruises, worth £215 off your next booking with ROL Cruise**

YOUR EXCLUSIVE ROL CRUISE SALE FARES

CABIN	GRADE	FULL FARE (PP)	EXCLUSIVE ROL CRUISE FARE (PP)
Interior	I	£2,799	£2,699
Ocean View	E	£3,299	£3,199
Superior Ocean View	C	£3,699	£3,599
Terrace	TC	£4,899	£4,799
Balcony Junior Suite	BJ	£5,999	£5,899
Premier Suite	PS	-	SOLD OUT

Solo prices are available from **£6,499**
JUST A DEPOSIT REQUIRED TO BOOK

THE NO-FLY 2023 CANADA IN THE FALL SALE



EXCLUSIVE FREE GRATUITIES WORTH UP TO £190⁺⁺ + **FREE ALL-INCLUSIVE DRINKS PACKAGE WORTH UP TO £949⁺⁺** OR **FREE ON BOARD SPEND OF UP TO £570⁺** = **EXCLUSIVE SAVINGS OF UP TO £400[±]**

19 NIGHTS DEPARTING 3RD OCTOBER 2023

OCTOBER 2023

- Tue 3 **Embark *Borealis* and depart Liverpool**
 - Sun 8 **St. John's, Newfoundland, Canada**
 - Tue 10 **Havre St. Pierre, Quebec, Canada** (arrive early pm)
 - Wed 11 **Baie-Comeau, Quebec, Canada**
Situated on the banks of the Saint Lawrence, Baie-Comeau is one of Canada's hidden gems, shaped by Mother Nature and natural phenomena. The local landscape is covered with forests, and the Manicouagan crater contains a circular reservoir, caused by the impact of the meteor that originally created the crater
 - Thu 12 **Quebec City, Quebec, Canada** (depart late night)
 - Fri 13 **Trois-Rivières, Quebec, Canada**
 - Sat 14 **Saguenay, Quebec, Canada** (depart early pm)
Cruising Saguenay Fjord
Gliding through the beautiful blue waters of Saguenay Fjord offers the opportunity to see the astonishing natural beauty of the vast landscapes and observe the native fauna - including wolves, black bears, lynx and falcons - as they thrive in their natural habitat. There are also four whale species that call the fjord's waters home, due to the depth of the seas, surrounded by towering cliffs and dense forest
 - Mon 16 **Corner Brook, Newfoundland, Canada**
 - Sat 21 **Belfast, Northern Ireland** (arrive late pm)
 - Sun 22 **Arrive in Liverpool**
- Dates not mentioned will be spent relaxing at sea.



★THE OLSEN WAY HIGHLIGHTS★

Visiting destinations picked for their natural beauty, you will have opportunities to go 'leaf peeping' as the colours of the Canadian landscape turn to the famous fall hues of brown, yellow and red. With five days in Québec province, you can capture the changing colours at the Jacques-Cartier and La Mauricie national parks. There will also be a scenic cruise along the Saguenay River so you can appreciate fjord-like landscapes from the comfort of *Borealis*. Corner Brook is well-placed for you to explore the Gros Morne National Park, while St. John's, renowned for its friendly locals, affords the chance to ramble Newfoundland's coastal trails or visit Cape Spear lighthouse.



YOUR EXCLUSIVE ROL CRUISE SALE FARES

CABIN	GRADE	FULL FARE (PP)	EXCLUSIVE ROL CRUISE FARE (PP)
Interior	I	£3,399	£3,279
Ocean View	F	£3,799	£3,779
Superior Ocean View	C	£4,599	£4,559
Terrace	TC	£6,299	£6,199
Balcony Junior Suite	BJ	£7,899	£7,749
Premier Suite	PS	£10,499	£10,279

Solo prices are available from **£5,599**
JUST A DEPOSIT REQUIRED TO BOOK

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THE NO-FLY 2023 GREENLAND & ICELAND EXPLORER



SMALLER SHIPS, CLOSER TO NATURE

EXCLUSIVE FREE GRATUITIES WORTH UP TO £140⁺⁺ + **FREE ALL-INCLUSIVE DRINKS PACKAGE WORTH UP TO £699⁺⁺** OR **FREE ON BOARD SPEND OF UP TO £420^{*}**

WHAT'S INCLUDED IN YOUR EXCLUSIVE ROL CRUISE PROMOTION

EXCLUSIVE SAVINGS OF UP TO £400[±]
PLEASE DO NOT DELAY FARES WILL INCREASE 8PM 28TH FEBRUARY 2023

- Full board cruising on board *Borealis* including:
- **FREE** all-inclusive drinks package worth up to **£949⁺⁺**
 - OR
 - **FREE** on board spend of up to **£570⁺**
 - **PLUS, EXCLUSIVE FREE GRATUITIES** worth **£190** for Ocean View cabins and above**
 - Signature Experiences*
 - All meals and late-night snacks throughout your cruise
 - Culinary demonstration and wine tasting venues**
 - Additional spa facilities including a thermal suite & hydrotherapy pool
 - **FREE** tea and coffee on board (at selected venues)
 - Captain's Drink Party and Gala Buffet All current port supplements and taxes

The currency on board is pound sterling, so you won't be affected by any foreign exchange rate fluctuation

OCEANS MEMBERS SAVE UP TO 5% OFF THE ADVERTISED PRICES*

EXCLUSIVE CRUISE MILES*
Earn up to **20,558 Cruise Miles*** when booking one of these fantastic cruises, worth **£205** off your next booking with ROL Cruise**



14 NIGHTS DEPARTING 4TH AUGUST 2023

AUGUST 2023

- Fri 4 **Embark *Borealis* and depart Liverpool**
 - Mon 7 **Heimaey, Vestmannaeyjar, Iceland**
Heimaey is the perfect natural habitat for colonies of Atlantic Puffins, who adorn the cliff edges on the island. Also here is the Beluga Whale Sanctuary
 - Tue 8 **Reykjavik, Iceland**
Reykjavik is a city where resplendent nature meets cool cultural attractions. Experience the country's raw beauty, feel the force of its waterfalls, and take a dip in natural thermal pools
 - Wed 9 **Ísafjörður, Iceland**
 - Fri 11 **Cruising Prins Christiansund**
Slicing between the Greenlandic mainland and the pretty islands of Cape Farewell, Prins Christiansund is an example of Mother Nature's work at it's finest. A simply spectacular waterway, which only opens up in the summer when huge icy blockades melt away, this enticing route begs to be explored
 - Sat 12 **Qaqortoq, Greenland**
 - Sun 13 **Narsarsuaq, Greenland**
Close by is the simply awesome Qooroq Ice Fjord, where icebergs glisten with an unworldly-like electric blue hue. The glacier itself is constantly creaking and calving as ice tumbles into the sea
 - Mon 14 **Nanortalik, Greenland**
Gateway to the impressive Tasermiut Fjord and mountains, Nanortalik is Greenland's most southerly town, and is affectionately known as the 'Place of Polar Bears'. These bears live and hunt on the sea ice close to the town and can often be spotted from Nanortalik's shores
 - Fri 18 **Arrive in Liverpool**
- Dates not mentioned are spent relaxing at sea

SCENIC DISCOVERIES THE OLSEN WAY

This cruise is planned to explore off-the-beaten-track destinations, showcasing the wild and rugged environments of Greenland and Iceland. Narsarsuaq is your gateway to the Qooroq Ice Fjord, where you can weave among white and glassy blue icebergs on a boat tour; while in the remote town of Nanortalik, you can gain an insight into local life at the open-air museum. As *Borealis* sails the strait of Prins Christiansund, you will be greeted with jagged mountains and glaciers. You can encounter the geology and geothermal activity of Iceland by capturing spurting geysers and thundering waterfalls, and snorkelling the crystal-clear waters of the Silfra Fissure.



YOUR EXCLUSIVE ROL CRUISE SALE FARES

CABIN	GRADE	FULL FARE (PP)	EXCLUSIVE ROL CRUISE FARE (PP)
Interior	I	£1,999	£1,899
Ocean View	F	£2,449	£2,349
Terrace	TC	£4,299	£4,199
Balcony Junior Suite	BJ	£5,499	£5,399
Premier Suite	PS	£7,399	£7,299

Solo prices are available from **£4,299**
JUST A DEPOSIT REQUIRED TO BOOK

NO-FLY CULTURAL MOROCCO DISCOVERY

Casablanca, Morocco

EXCLUSIVE **£400** SAVINGS*

EXCLUSIVE FREE ON BOARD SPEND OF UP TO **£300***

OCEAN MEMBERS SAVE **5%***

WHAT'S INCLUDED IN YOUR EXCLUSIVE ROL CRUISE PROMOTION

EXCLUSIVE SAVINGS OF UP TO **£750*** PLEASE DO NOT DELAY FARES WILL INCREASE 8PM 28TH FEBRUARY 2023

- Full board cruising on board *Balmoral* and *Bolette* including:
- EXCLUSIVE FREE ON BOARD SPEND OF UP TO **£500** for Ocean View cabins and above**
 - Signature Experiences*
 - All meals and late-night snacks throughout your cruise
 - Culinary demonstration and wine tasting venues**
 - Additional spa facilities including a thermal suite & hydrotherapy pool
 - **FREE** tea and coffee on board (at selected venues)
 - Captain's Drink Party and Gala Buffet All current port supplements and taxes

The currency on board is pound sterling, so you won't be affected by any foreign exchange rate the fluctuation

OCEANS MEMBERS SAVE UP TO 5% OFF THE ADVERTISED PRICES*

EXCLUSIVE CRUISE MILES*

Earn up to **24,038 Cruise Miles*** when booking one of these fantastic cruises, worth **£240** off your next booking with ROL Cruise**



YOUR EXCLUSIVE ROL CRUISE FARES

CABIN	GRADE	FULL FARE (PP)	EXCLUSIVE ROL CRUISE FARE (PP)
Interior	I	£1,799	£1,599
Ocean View	F	£2,199	£1,999
Superior Ocean View	C	£2,599	£2,399
Balcony	BA	£3,599	£3,399
Balcony Junior Suite	BJ	£3,799	£3,599
Premier Suite	PS	£5,799	£5,599

Solo prices are available from **£2,399**

JUST A DEPOSIT REQUIRED TO SECURE YOUR CABIN

14 NIGHTS DEPARTING 18TH JANUARY 2024

JANUARY 2024

- Thu 18 **Embark *Balmoral* and depart Southampton**
- Mon 22 **Funchal, Madeira** (depart late night)
- Wed 24 **Agadir, Morocco**
- Thu 25 - **Casablanca, Morocco** (arrive early pm - overnight)
- Fri 26 A bustling and cosmopolitan city, Casablanca still offers a taste of its French colonial past, with the art-deco Ville Nouvelle at its centre. The Old Medina is full of crowded streets and tiny shops, and the Hassan II Mosque dominates the city, where the 210m minaret - the tallest in the world, shines a laser beam at night pointing towards Mecca
- Sat 27 **Tangier, Morocco** (depart early pm)
- Sun 28 **Lisbon, Portugal**
- Mon 29 **Leixões (for Oporto), Portugal**

FEBRUARY 2024

- Thu 1 **Arrive in Southampton**

Dates not mentioned will be spent relaxing at sea



★THE OLSEN WAY HIGHLIGHTS★

Fred. Olsen have crafted this cruise to give you opportunities to immerse yourself in the unique culture of Morocco, from visiting cultural landmarks to discovering the local way of life. From Agadir, you can head to the Atlas foothills and hike among the rugged, mountainous landscape, or perhaps opt to join a Berber-style cooking class to learn more about Moroccan cuisine. Elsewhere, there will be chances to visit UNESCO-listed Tétouan, with its strong Andalusian ties seen in the whitewashed walls and Moorish architecture, and the imperial city of Rabat, home to the Hassan Tower - a minaret of an incomplete mosque and one of the capital's most iconic sites.

NO-FLY ANCIENT EMPIRES OF THE EASTERN MEDITERRANEAN

Istanbul, Turkey

EXCLUSIVE **£750** SAVINGS*

EXCLUSIVE FREE ON BOARD SPEND OF UP TO **£500***

OCEAN MEMBERS SAVE **5%***

32 NIGHTS DEPARTING 25TH FEBRUARY 2024

FEBRUARY 2024

- Sun 25 **Embark *Bolette* and depart Southampton**
- Thu 29 **Málaga, Spain**

MARCH 2024

- Sat 2 **Algiers, Algeria**
- Mon 4 **La Goulette, Tunisia**
- Tue 5 **Valletta, Malta**
- Fri 8 **Alexandria, Egypt** (depart late night)
- Sun 10 **Ashdod, Israel**
- Mon 11 **Haifa, Israel**
- Tue 12 **Limassol, Cyprus**
- Wed 13 **Rhodes, Greece** (arrive late am)
- Thu 14 **Kuşadası (for Ephesus)*, Turkey**
- Fri 15 **Cruising the Dardanelles Strait Istanbul, Turkey** (arrive pm - overnight)



- Sat 16 **Istanbul, Turkey**
- Mon 18 **Piraeus (for Athens), Greece**
- Wed 20 **Cruising by Stromboli & the Aeolian Islands**
- Thu 21 **Cagliari, Sardinia, Italy**
- Sat 23 **Cartagena, Spain**
- Mon 25 **Lisbon, Portugal**
- Thu 28 **Arrive in Southampton**

Days not mentioned will be spent relaxing at sea

★THE OLSEN WAY HIGHLIGHTS★

This cultural journey allows you to delve into the ancient empires and kingdoms of the Mediterranean. Israel is home to countless sites of religious and historical significance that you can explore on tours, including Bethlehem, Jerusalem and Nazareth. You can capture a glimpse into Ancient Greece at the Acropolis in Athens, reachable from Piraeus; while a tour from Alexandria affords the chance to see the ancient Egyptian Pyramids of Giza. Elsewhere, you can unearth Phoenician and Roman history at Carthage (from La Goulette) and Cartagena respectively; and discover the landmarks of Istanbul, such as the Hagia Sophia mosque and Topkapi Palace, home to relics from the Ottoman era.



YOUR EXCLUSIVE ROL CRUISE FARES

CABIN	GRADE	FULL FARE (PP)	EXCLUSIVE ROL CRUISE FARE (PP)
Interior	I	£3,999	£3,699
Ocean View	F	£4,699	£4,399
Superior Ocean View	C	£5,599	£5,299
Terrace	TC	£7,599	£7,369
Balcony Junior Suite	BJ	£9,599	£9,299
Premier Suite	PS	£12,399	£12,019

Solo prices are available from **£9,999**

JUST A DEPOSIT REQUIRED TO SECURE YOUR CABIN

Booking conditions of Fred. Olsen Cruise Lines (ATOL 5016) and Reader Offers Limited Agency terms of business apply. Please see back page for full terms and conditions.

DISCOVER THE NORWEGIAN FJORDS

FROM ONLY £999^{PP}

THE FRED. OLSEN WAY

The incredible cruises to the Norwegian Fjords below benefit from Fred. Olsen's rich heritage and in-depth knowledge. Cruising is undoubtedly the best way to appreciate the breathtaking scenery that will be presented to you - Fred. Olsen's smaller ships divert away from direct routes between ports to show you the best highlights. Relax comfortably on deck as you sail past mountains, waterfalls, glaciers, orchards, lush countryside and more.



EXCLUSIVE FARES WILL INCREASE 8PM 28TH FEBRUARY 2023

Fred. Olsen Cruise Lines

WHAT'S INCLUDED IN YOUR EXCLUSIVE ROL CRUISE PROMOTION

EXCLUSIVE SAVINGS OF UP TO £400* PLEASE DO NOT DELAY FARES WILL INCREASE 8PM 28TH FEBRUARY 2023

Full board cruising on board *Balmoral* & *Bolette* including:

- FREE all-inclusive drinks package worth up to £749^{**}

OR

- FREE on board spend of up to £450* for 2023 sailings only
- EXCLUSIVE FREE GRATUITIES worth £150 for all bookings*
- Signature Experiences*
- All meals and late-night snacks throughout your cruise
- Culinary demonstration and wine tasting venues**
- Additional spa facilities including a thermal suite & hydrotherapy pool
- FREE tea and coffee on board (at selected venues)
- Captain's Drink Party and Gala Buffet All current port supplements and taxes

The currency on board is pound sterling, so you won't be affected by any foreign exchange rate the fluctuation

OCEANS MEMBERS SAVE UP TO 5% OFF THE ADVERTISED PRICES*

EXCLUSIVE CRUISE MILES* Earn up to 16,598 Cruise Miles* when booking one of these fantastic cruises, worth £165 off your next booking with ROL Cruise**

FREE ALL-INCLUSIVE DRINKS PACKAGE WORTH UP TO £749^{**}

OR

FREE ON BOARD SPEND OF UP TO £450*

EXCLUSIVE FREE GRATUITIES WORTH UP TO £150^{**}

EXCLUSIVE SAVINGS UP TO £400[±]

OCEAN MEMBERS SAVE 5%[±]

FOR 2023 SAILINGS ONLY

Remote Spitsbergen & The Midnight Sun

15 NIGHTS DEPARTING 19TH JULY 2023

JULY 2023
 Wed 19 Embark *Balmoral* and depart Rosyth
 Fri 21 Åndalsnes, Romsdalsfjord, Norway
 Sat 22 Cruising *Nærøysundet*
 Cruising by *Torghatten (Hat Mountain)*
 Cruising by *Seven Sisters Mountain Range*
 Cross the Arctic Circle ★CRUISE HIGHLIGHT★
 Sun 23 Cruising *Trollfjord & Tjeldsundet Strait*
 Cruising by *Devils Jaw (Djevelen Tanngard)*
 Mon 24 Tromsø, Norway
 Tue 25 Honningsvåg, Norway
 Cruising by *North Cape & The Horn*
 Cruising by *Bear Island*
 Wed 26 Pyramiden, Spitsbergen, Svalbard
 Thu 27 Cruising by *Nordenskiöldbreen Glacier*
 Cruising *Tempelfjorden & by Tuna Glacier*
 Fri 28 Longyearbyen, Spitsbergen, Svalbard
 ★CRUISE HIGHLIGHT★
 Sun 30 Sortland, Vesterålen, Norway
 Mon 31 Cruising by *the Black Glacier*
 Cruising *Nordfjorden, Meløy*

AUGUST 2023
 Tue 1 Kristiansund, Norway
 Thu 3 Arrive in Rosyth
 Dates not mentioned are spent relaxing at sea

YOUR EXCLUSIVE ROL CRUISE FARES			
CABIN	GRADE	FULL FARE ^(PP)	EXCLUSIVE ROL CRUISE FARE ^(PP)
Interior	I	£2,199	£1,999
Ocean View	F	£2,799	£2,599
Superior Ocean View	C	£3,399	£3,199
Balcony	BA	£5,699	£5,499
Balcony Junior Suite	BJ	£5,999	£5,799
Premier Suite	PS	£8,499	£8,299

Solo prices are available from £4,099

Autumnal Norwegian Fjords

8 NIGHTS DEPARTING 30TH AUGUST 2023

AUGUST 2023
 Wed 30 Embark *Bolette* and depart Southampton

SEPTEMBER 2023
 Fri 1 Bergen, Norway
 Sat 2 Olden, Nordfjord, Norway
 Cruising by *Hornelen*
 Cruising *Nordfjord & Innvikfjord*
 Sun 3 Flåm, Aurlandsfjord, Norway
 Cruising *Nærøyfjord to Dyrdal*
 Cruising *Sognefjord*
 Mon 4 Cruising *Maurangerfjord to Furebergfoss Waterfall*
 Eidfjord, Hardangerfjord, Norway
 Cruising *Hardangerfjord*
 Tue 5 Cruising *Lysefjord*
 Cruising *Josenfjord*
 Thu 7 Arrive at Southampton
 Dates not mentioned will be spent relaxing at sea



YOUR EXCLUSIVE ROL CRUISE FARES			
CABIN	GRADE	FULL FARE ^(PP)	EXCLUSIVE ROL CRUISE FARE ^(PP)
Interior	I	£1,299	£1,199
Ocean View	E	£1,549	£1,449
Superior Ocean View	C	£1,799	£1,699
Terrace	TC	£2,599	£2,539
Balcony Junior Suite	BJ	£3,099	£3,079
Premier Suite	PS	£3,999	£3,949

Solo prices are available from £2,099

Searching for The Northern Lights

14 NIGHTS DEPARTING 14TH FEBRUARY 2024

FEBRUARY 2024
 Wed 14 Embark *Balmoral* and depart Southampton
 Sat 17 Ålesund, Norway
 Sun 18 Cruising *Nærøysundet*
 Cruising by *Torghatten*
 Cruising by *Seven Sisters Mountain Range*
 Cross the Arctic Circle
 Mon 19 Narvik, Norway
 Cruising *the Tjeldsundet Strait*
 Tue 20 - Tromsø, Norway (overnight)
 Wed 21 Cruising by *the North Cape & The Horn*
 Alta, Norway (overnight)
 Fri 23 Alta, Norway
 Sat 24 Cruising *the Tjeldsundet Strait*
 Bodø, Norway
 Mon 26 Stavanger, Norway
 Wed 28 Arrive in Southampton
 Dates not mentioned will be spent relaxing at sea



YOUR EXCLUSIVE ROL CRUISE FARES			
CABIN	GRADE	FULL FARE ^(PP)	EXCLUSIVE ROL CRUISE FARE ^(PP)
Interior	I	£2,099	£1,899
Ocean View	F	£2,499	£2,299
Superior Ocean View	C	£2,899	£2,699
Balcony	BA	£4,199	£3,999
Balcony Junior Suite	BJ	£4,399	£4,349
Premier Suite	PS	£6,599	£6,479

Solo prices are available from £3,299
 JUST A DEPOSIT REQUIRED TO BOOK

Norwegian Fjords Discovery

7 NIGHTS DEPARTING 26TH APRIL 2024

APRIL 2024
 Fri 26 Embark *Balmoral* and depart Newcastle
 Sat 27 Cruising *Lysefjord*
 Sun 28 Eidfjord, Hardangerfjord, Norway
 Cruising *Hardangerfjord*
 Cruising *Maurangerfjord & Furebergf*
 Cruising *Åkrafjord & Langfoss water*
 Mon 29 Bergen, Norway
 Tue 30 Olden, Norway
 Scenic cruising *Nordfjord/ Innvikfjord*
 Cruise by *Hornelen*

MAY 2024
 Wed 1 Åndalsnes, Romsdalsfjord, Norway
 Cruising *Romsdalsfjorden*
 Cruising *Isfjorden*
 Fri 3 Arrive in Newcastle



YOUR EXCLUSIVE ROL CRUISE FARES			
CABIN	GRADE	FULL FARE ^(PP)	EXCLUSIVE ROL CRUISE FARE ^(PP)
Interior	I	£1,099	£999
Ocean View	F	£1,299	£1,199
Superior Ocean View	C	£1,599	£1,499
Balcony	BA	£2,299	£2,199
Balcony Junior Suite	BJ	£2,399	£2,299
Premier Suite	PS	£3,599	£3,499

Solo prices are available from £1,799
 JUST A DEPOSIT REQUIRED TO BOOK



Fred. Olsen Cruise Lines

THE BESTSELLING 2023 TREASURES OF THE ADRIATIC ALL-INCLUSIVE

PROMOTION

EXCLUSIVE FREE GRATUITIES WORTH UP TO £260** + **FREE ALL-INCLUSIVE DRINKS PACKAGE WORTH UP TO £1,299**** OR **FREE ON BOARD SPEND OF UP TO £780***

EXCLUSIVE FARES SAVING UP TO £400 - FARES WILL INCREASE 8PM 28TH FEBRUARY 2023

26 NIGHTS DEPARTING 18TH SEPTEMBER 2023

- SEPTEMBER 2023**
- Mon 18 **Embark *Bolette* and depart Southampton**
 - Fri 22 **Málaga, Spain**
 - Mon 25 **Catania, Sicily, Italy**
 - Wed 27 **Dubrovnik, Croatia**
 - Thu 28 **Split, Croatia** (depart late night)
The fantastically scenic peninsula of Split is found on the west coast of Croatia, surrounded on three sides by the turquoise waters of the Adriatic Sea. The dynamic city is a hub of activity where modern life flows harmoniously around thousands of years of history
 - Fri 29 **Zadar, Croatia**
 - Sat 30 **Rijeka, Croatia**

OCTOBER 2023

 - Sun 1 - **Venice, Italy** (overnight)
 - Mon 2 With a maze of canals threaded through the city and hints of history to be found on every corner, it's easy to see why Venice is considered one of the most beautiful and charming destinations in the world
 - Tue 3 **Koper, Slovenia**
 - Wed 4 **Neum, Bosnia and Herzegovina** (depart late night)
 - Thu 5 **Cruising the Bay of Kotor at sunrise Kotor, Montenegro**
In Kotor, be met with car-free stone streets, medieval architecture and café-lined courtyards. Discover its maritime history at the museum within Grgurina Palace, then follow the narrow streets towards the Cathedral of Saint Tryphon

- Fri 6 **Durrës, Albania**
 - Sat 7 **Cruising the Strait of Messina & by Stromboli**
 - Tue 10 **Gibraltar**
 - Thu 12 **La Coruña, Spain**
Cruising by the Tower of Hercules
 - Sat 14 **Arrive in Southampton**
- Dates not mentioned will be spent relaxing at sea

THE OLSEN WAY HIGHLIGHTS

This cruise has been designed to offer an insight into the fascinating history of a turbulent region shaped by various civilisations. *Bolette* will head off the beaten track to historically significant destinations, presenting you with the likes of the Albanian city of Durrës, the medieval centre of Koper and the fortified town of Kotor – reached via a cruise along the fjord-like Bay of Kotor at sunrise. There's also a call into Neum, gateway to places influenced by the Ottoman era such as Mostar and Stari Most. Meanwhile, in Croatia you can explore Zadar's Old Town, Diocletian's Palace in Split and the Walls of Dubrovnik, which have protected the city for centuries.



WHAT'S INCLUDED IN YOUR EXCLUSIVE ROL CRUISE PROMOTION

EXCLUSIVE SAVINGS OF UP TO £400* BOOK BY 8PM 28TH FEBRUARY 2023 BEFORE EXCLUSIVE ROL CRUISE PRICES INCREASE

BOOK WITH THE NO. 1 CRUISE SPECIALIST FOR FRED. OLSEN CRUISE LINES

- Full board no-fly cruising on board *Bolette* including:
- EXCLUSIVE FREE GRATUITIES worth UP TO £260**
 - AND
 - FREE ALL-INCLUSIVE DRINKS PACKAGE WORTH UP TO £1,299**
 - OR
 - FREE ON BOARD SPEND OF UP TO £780*
 - All meals and late night snacks throughout your cruise
 - Captain's Drink Party and Gala Buffet
 - A wide choice of restaurants, lounges and bars
 - FREE tea and coffee on board (at selected venues)
 - All current port supplements and taxes

The currency on board is pound sterling, so you won't be affected by any foreign exchange rate fluctuation

EXCLUSIVE CRUISE MILES* Earn up to 25,198 Cruise Miles* worth £251 off your next booking with ROL Cruise**



YOUR INCREDIBLE ROL CRUISE FARES

CABIN	GRADE	FULL FARE (PP)	ROL CRUISE FARE FROM (PP)
Interior	I	£3,999	£3,799
Ocean View	E	£4,899	£4,699
Superior Ocean View	C	£5,599	£5,399
Terrace	TC	£7,999	£7,799
Balcony Junior Suite	BJ	£9,999	£9,799
Premier Suite	PS	£12,799	£12,599

Solo prices are available from £6,899 JUST A DEPOSIT REQUIRED TO BOOK

Q&A with Captain Steffan Ravneng

Q What was it that first made you want to embark on a career at sea?

As a young boy, my family members who had worked on ships were always telling me exciting stories from their time at sea and their adventures fascinated me. Coming from Sarpsborg, a small Norwegian town in southern Norway, I'd always wanted to go out and see more of the world and after being so captivated by the stories from the sea, a maritime career felt natural.

Q What are some of your career highlights?

One of my earlier career highlights was when I was promoted to 2nd Officer, it's something I will never forget and it was a really proud moment for me, as of course is my most recent and final promotion, when I was given the command as the captain of *Balmoral* in February last year. This was such a privilege and something that I'd always dreamed of doing since I started my career at sea.

Q Can you tell us a bit about your career in the cruise industry?

After completing my qualifications, I set about becoming a seafarer and first started out on cruise ships as a Quartermaster in 1995 on *Monarch of the Seas* with Royal Caribbean International, then the following year, I was promoted to 2nd officer on their ship *Song of America*. I also worked for Norwegian Cruise Line and Star Cruises until early 2000 when I decided to try the Offshore industry, where I worked until 2016 when I applied for Fred. Olsen, and started as a Senior Safety Officer followed by roles as Chief Officer, Staff Captain and finally as a Captain of *Balmoral* since February last year.

Q Do you have a favourite feature on *Balmoral*?

I think the best thing about *Balmoral* is her size, she can accommodate up to 1,325 guests but is still small enough to enter most ports. There's always an intimate atmosphere on board where our guests can get to know each other and crew can get to know our guests well.

Q And what about your favourite restaurant on board?

That's a hard question! But I have to say, my favourite restaurant is the main dining room *Ballindalloch*, the food served there is amazing and no matter what you order it's always impressive. Our two speciality dining restaurants, *Vasco* and *Colours and Tastes* are also amazing, with *Vasco* serving Goan food and *Colours and Tastes* serving a colourful array of Asian-fusion cuisine. Our crew on board really make each of our dining options special, whether it's the buffet or the main dining room, it's always a pleasure watching how all the waiters work so well together together as a team and always with a smile.



Q How can our readers make the most of their time aboard *Balmoral*?

There are so many ways in which our guests can spend their time on *Balmoral*, whether it's spotting wildlife out on deck with marine conservation charity ORCA, stargazing with an expert guide or joining our talented team of chefs and galley crew in our Kitchen Creations sessions to learn more about local delicacies in the areas we're visiting or relaxing in one of our two pools and having a coffee and cake in the *Bookmark Café* - there's always something to do. In the evenings, after trying out some of our delicious dining options, our entertainment team always put on an incredible show to see you in to the night.

Q Why should people sail with Fred. Olsen Cruise Lines?

When I talk to our guests on board, they all mention how amazing and friendly our crew are. I truly believe that the crew on Fred. Olsen ships really is the best, service is always exceptional and delivered with a friendly and genuine smile. If you come on a cruise with us, you will feel welcome from the first moment you step on board. The food, itineraries, on board experiences and company is always exceptional.

Q We have no doubt that you have visited many incredible destinations around the world. Do you have a favourite?

I've been lucky to visit some incredible places in the world and maybe not as much a destination, but one of my absolute favourite places to cruise through is the Panama Canal transit. It's a wonderful experience with a very interesting history, being on a cruise ship sailing through a tropical jungle from the Atlantic Ocean to the Pacific is an amazing experience. But in terms of destinations, scenic cruising through the Norwegian fjords is something I truly enjoy, the natural beauty of the fjords is something always breath-taking no matter how many times you've seen them.

Q And which destinations are you looking forward to visiting aboard *Balmoral*?

Currently, I'm really looking forward to visiting the ports off the west coast of South America as this is a place I have not yet experienced in my career, as I write this we're just at the beginning of our 78-night South America and the Antarctic voyage, so I'm looking forward to some exciting ports of call.

Q Lastly, what are you most excited about for the future of Fred. Olsen Cruise Lines?

Looking to the future, I am excited to see where Fred. Olsen will be sailing next in our 2024 and 2025 itineraries. I can't wait to take *Balmoral* to new and exciting destinations and I hope to see even more of the world together with our guests and the great team on board.



Balmoral

*Oceans Club members discount will be applied at time of booking. Further T&Cs apply. Booking conditions of Fred. Olsen Cruise Lines (ATOL 5016) and Reader Offers Limited Agency terms of business apply. Please see back page for full terms and conditions.

NO-FLY 2023 SCENIC BRITISH ISLES FROM ONLY £749^{PP}

CRUISE CLOSER TO HOME

The British Isles offer captivating scenery, sprawling countryside, ancient historical sites and culture-rich cities. It's so often the case that many who live on this Sceptred Isle never consider a UK cruise to explore the delights it has to offer, and yet there is a lifetime of hidden treasures a stone's throw from home.

★ ITINERARY INSIGHTS ★

Each British Isle cruise will feature a curated programme of events with guest speaker to give you a deeper understanding of the places you will be visiting, plus the scenic sights and outstanding wildlife you can spot from deck on your ship.



EXCLUSIVE SAVINGS
OF UP TO
£200⁺

EXCLUSIVE FREE GRATUITIES WORTH UP TO £100⁺⁺ + **FREE ALL-INCLUSIVE DRINKS PACKAGE WORTH UP TO £499⁺⁺** OR **FREE ON BOARD SPEND OF UP TO £300^{*}**

EXCLUSIVE ROL CRUISE FARES WILL INCREASE 8PM 28TH FEBRUARY 2023

★ ROL CRUISE RECOMMENDS FOR SCENIC CRUISING ★

WHAT'S INCLUDED IN YOUR EXCLUSIVE ROL CRUISE PROMOTION

BOOK BY 8PM 28TH FEBRUARY 2023 TO RECEIVE THESE EXCLUSIVE ROL CRUISE FARES PLEASE DO NOT DELAY FARES WILL INCREASE

Full board no-fly cruising on board *Fred. Olsen Cruise line fleet*, including:

- **FREE** all-inclusive drinks package worth up to **£499⁺⁺**
- OR**
- **FREE** on board spend of up to **£300^{*}**
- **EXCLUSIVE FREE GRATUITIES** worth up to **£100** for Ocean View cabins and above⁺⁺
- Signature Experiences^{*}
- All meals and late-night snacks throughout your cruise
- Culinary demonstration and wine tasting venues^{***}
- Additional spa facilities including a thermal suite & hydrotherapy pool
- **FREE** tea and coffee on board (at selected venues)
- Captain's Drink Party and Gala Buffet All current port supplements and taxes

The currency on board is pound sterling, so you won't be affected by any foreign exchange rate fluctuation

OCEANS MEMBERS SAVE UP TO 5% OFF THE ADVERTISED PRICES⁺

EXCLUSIVE CRUISE MILES^{*}
Earn up to **9,798 Cruise Miles^{*}** when booking this incredible voyage, exclusively with ROL Cruise⁺⁺



Bank Holiday Escape to Cornwall & Scilly Isles

5 NIGHTS DEPARTING 26TH MAY 2023

MAY 2023

- Fri 26 **Embark *Balmoral* and depart Southampton**
- Sat 27 *Cruising by the Channel Islands*
- Sun 28 **St. Mary's, Isles of Scilly**
- Mon 29 - **Falmouth, Cornwall** (overnight)
- Tue 30 Falmouth is known for its deep natural harbour on the Fal Estuary, and beaches like Swanpool and Gyllyngvase. The National Maritime Museum Cornwall has interactive galleries and a flotilla of model boats. On Pendennis Point, Pendennis Castle is a well-preserved 16th century fortress built by Henry VIII. To the southwest, Trebah Garden has subtropical plants
- Wed 31 **Arrive in Southampton**



YOUR EXCLUSIVE ROL CRUISE FARES			
CABIN	GRADE	FULL FARE (PP)	EXCLUSIVE ROL CRUISE FARE (PP)
Inside	I	£799	£749
Ocean View	D	£999	£949
Balcony Cabin	BA	-	SOLD OUT
Superior Suite	SS	£1,799	£1,749
Premier Suite	PS	£2,399	£2,349
Solo fares available from £1,399			

Scenic Isles of Scotland

10 NIGHTS DEPARTING 15TH JULY 2023

JULY 2023

- Sat 15 **Embark *Bolette* and depart Newcastle**
- Mon 17 **Lerwick, Shetland Islands, Scotland**
- Tue 18 **Stornoway, Isle of Lewis, Scotland**
- Wed 19 *Cruising by Dutchmans Cap*
Cruising by Fingals Cave, Isle of Skye
Cruising by Iona
Cruise Lough Swilly
- Thu 20 **Belfast, Northern Island**
- Fri 21 *Cruising by Duart Castle, Scotland*
Cruising Sound of Mull, Scotland
Cruising Loch Hourn, Scotland
Cruising by Small Isles
- Sat 22 **Portree, Isle of Skye, Scotland**
Cruising by Kilt Rock & Mealt Water
- Sun 23 **Kirkwall, Orkney Islands, Scotland**
- Mon 24 *Cruising by Duncasby sea stacks*
Cruise by Dunrobin Castle, Scotland
Cruise Spey Bay & Burghead
Cruise by Troup Head Moray Firth
- Tue 25 **Arrive in Newcastle**



YOUR EXCLUSIVE ROL CRUISE FARES			
CABIN	GRADE	FULL FARE (PP)	EXCLUSIVE ROL CRUISE FARE (PP)
Inside	I	£1,499	£1,399
Ocean View	E	£1,949	£1,849
Terrace Suite	TC	£3,099	£2,999
Balcony Suite	BS	£3,999	£3,899
Premier Suite	PS	£4,999	£4,899
Solo fares available from £2,699			

Scotland & the Faroe Islands

6 NIGHTS DEPARTING 7TH AUGUST 2023

AUGUST 2023

- Mon 7 **Embark *Bolette* and depart Dover**
 - Wed 9 **Lerwick, Shetland Islands**
Lerwick is the friendly capital of the 100 islands and islets of Shetland. The bustling, cosmopolitan seaport is the islands' only town, and its wonderful natural harbour is a joy to explore
 - Thu 10 **Tórshavn, Faroe Islands**
 - Fri 11 **Kirkwall, Orkney Islands**
Kirkwall, the capital of the Orkney Islands, resonates with ancient echoes of Christian, Nordic and Celtic history. It's a town that feels more Scandinavian than Scottish; in fact, the name Kirkwall comes from the Norse for 'Church Bay', relating to the town's 11th century Church of St. Olaf of Norway
 - Sat 12 *Cruising by Lindisfarne & Bamburgh Castle*
 - Sun 13 **Arrive in Dover**
- Dates not mentioned are spent relaxing at sea



YOUR EXCLUSIVE ROL CRUISE FARES			
CABIN	GRADE	FULL FARE (PP)	EXCLUSIVE ROL CRUISE FARE (PP)
Inside	I	£999	£899
Ocean View	E	£1,249	£1,149
Terrace Suite	TC	£1,899	£1,799
Balcony Suite	BS	£2,499	£2,399
Premier Suite	PS	£3,099	£2,999
Solo fares available from £1,699			

Scenic Northern United Kingdom

5 NIGHTS DEPARTING 26TH AUGUST 2023

AUGUST 2023

- Sat 26 **Embark *Borealis* and depart Liverpool**
- Sun 27 *Cruising by Duart Castle, Scotland*
Cruising Sound of Mull, Scotland
Cruising Loch Hourn, Scotland
Cruising by Small Isles
- Mon 28 **Portree, Isle of Skye, Scotland**
Portree is the Isle of Skye's largest and liveliest town. Set within a natural harbour with brightly-coloured houses surrounded by rocky cliffs and rolling hills, Portree is a truly beautiful place to explore
- Tue 29 **Kirkwall, Orkney Islands, Scotland**
- Wed 30 *Cruising by Dutchmans Cap*
Cruising by Fingals Cave, Isle of Skye
Cruising by Iona
- Thu 31 **Arrive in Liverpool**



YOUR EXCLUSIVE ROL CRUISE FARES			
CABIN	GRADE	FULL FARE (PP)	EXCLUSIVE ROL CRUISE FARE (PP)
Inside	I	£799	£749
Ocean View	E	£949	£899
Terrace Suite	TC	£1,599	£1,549
Balcony Suite	BS	£2,099	£2,049
Premier Suite	PS	£2,549	£2,499
Solo fares available from £1,549			

Sample a Treat of the Region



TOP TIP
If your breadcrumbs are looking too dry and aren't absorbing enough olive oil, don't be afraid to add more! The final dish should be somewhat dry, yet packed with flavour.

Fred. Olsen, always want to give their guests the chance to experience the most of each destination and one way they love to do this is through food. Fred. Olsen on board Kitchen Creations sessions see their talented team of chefs and galley staff deliver live cooking demonstrations of regional dishes in the areas you'll be visiting.

Migas con Chorizo

A Traditional Spanish Dish of Bread & Chorizo served with Grilled King Prawns & Roasted Garlic Puree

Serves 4

Preparation time: 15 minutes

Cooking time: 1 hour

With migas literally meaning crumbs in Spanish, migas con chorizo is a traditional comfort food typical of Spain and is an excellent way of taking advantage of stale bread. The dish can be topped with a range of yummy extras, in this case we are using prawns, but you can top the dish with whatever takes your fancy.

INGREDIENTS:

- | | |
|-------------------------------------|-------------------------------------|
| ½ white loaf bread without crust | 160g chorizo, diced |
| 1 medium white onion, finely diced | 175ml olive oil |
| 1 garlic clove | 850g King Prawns (7pcs per portion) |
| 15g green bell pepper, finely diced | 1 whole head of garlic for puree |
| 10g sweet paprika | Salt and pepper |
| 150ml white wine | Micro greens for garnish |

TO PREPARE:

- Heat your oven to 180°C (350°F, Gas Mark 4), wrap your head of garlic in aluminium foil and pop in the oven for 1 hour.
- Put the bread in a food processor, blend into small pieces or alternately if you don't have access to a food processor, tear the bread by hand into small chunks approximately half a centimetre.
- In a big pan, heat 80ml of oil and sauté the onion, garlic and green pepper for about 10 minutes until they begin to soften.
- Add the chorizo and cook for a further 8 minutes.
- Finally stir in the bread, cook continuously stirring until the bread is well incorporate into the mixture.
- Season the prawns with salt, pepper and oil whilst preheating your grill to a medium-high heat. Place your prawns under the grill for 5 minutes, turning half way. Once cooked through, their colour will change to pink.
- Remove your garlic out the oven, peel the heads, and blend with 35ml of oil until soft and season with salt and pepper.
- Serve as per the photo and enjoy, sprinkle with microgreens and a dash of roasted garlic puree – enjoy!

SOLO TRAVEL



THE EXCLUSIVE 2023 No-Fly Single Traveller PROMOTION

Fred. Olsen Cruise Lines

FREE ALL-INCLUSIVE DRINKS PACKAGE WORTH UP TO **£574**⁺⁺

OR

FREE ON BOARD SPEND OF UP TO **£345***

EXCLUSIVE FREE GRATUITIES WORTH UP TO **£115**⁺⁺

ROL CRUISE PROMOTION ENDS 8PM 28TH FEBRUARY 2023

What's Included in your Exclusive ROL Cruise Promotion

EXCLUSIVE FREE GRATUITIES WORTH UP TO **£115**⁺⁺ WHEN YOU BOOK BY 8PM 28TH FEBRUARY 2023

- Full board cruising on board *Fred. Olsen's Fleet* including:
- FREE all-inclusive drinks package worth up to **£574**⁺⁺
 - OR
 - FREE on board spend of up to **£345***
 - Signature Experiences*
 - All meals and late-night snacks throughout your cruise
 - Culinary demonstration and wine tasting venues**
 - Additional spa facilities including a thermal suite & hydrotherapy pool
 - FREE tea and coffee on board (at selected venues)
 - Captain's Drink Party and Gala Buffet All current port supplements and taxes

The currency on board is pound sterling, so you won't be affected by any foreign exchange rate the fluctuation

OCEANS MEMBERS SAVE UP TO 5% OFF THE ADVERTISED PRICES*

EXCLUSIVE CRUISE MILES* Earn up to **13,999 Cruise Miles*** when booking one of these fantastic cruises, worth **£139** off your next booking with ROL Cruise**



Exploring the Arctic

23 NIGHTS DEPARTING 1ST JUNE 2023

Embark *Bolette* and depart the Port of Tyne, Newcastle – Ålesund, Norway – Cruising by Torghatten (Hat Mountain) – Cruising by the Seven Sisters Mountain Range – ★Crossing the Arctic Circle★ – Tromsø, Norway – Honningsvåg (for the North Cape**) – Norway – Cruising by Bear Island – Longyearbyen, Norway – Pyramiden, Norway – Cruising by Nordenskiöldbreen Glacier, Adolfbukta – Cruising Tempelfjorden & by Tuna Glacier – Cruising by Jan Mayen Island – Akureyri, Iceland – Ísafjörður, Iceland – Reykjavik, Iceland – Qaqqortoq, Greenland – Narsarsuaq, Greenland – Arrive at the Port of Tyne, Newcastle



CABIN (twin for sole use)	GRADE	ROL CRUISE FARE
Inside	N	£6,499
Superior Inside	M	£6,999
Ocean View	K	£8,999
Balcony Suite	JB	£13,999

Discovery of Northern Spain

6 NIGHTS DEPARTING 13TH NOVEMBER 2023

Embark *Bolette* and depart Southampton – Gijón, Spain – Getxo (for Bilbao), Spain – Cruising by the Royal Palace of La Magdalena – Santander, Spain – Arrive in Southampton



CABIN (twin for sole use)	GRADE	ROL CRUISE FARE
Ocean View	E	£1,499
Balcony Suite	JB	£2,099

LIMITED AVAILABILITY - PLEASE DO NOT DELAY, CABINS SELLING FAST

Festive Celebrations in the Canaries

14 NIGHTS DEPARTING 22ND DECEMBER 2023

Embark *Borealis* and depart Liverpool – ★Spend Christmas Day relaxing at sea★ – Arrecife, Lanzarote – Las Palmas, Gran Canaria – Santa Cruz, Tenerife – San Sebastian, La Gomera – Funchal, Madeira ★New Year's Eve★ – ★Spend New Year's Day relaxing at sea★ – Lisbon, Portugal – Arrive in Liverpool



CABIN	GRADE	ROL CRUISE FARE
Inside		SOLD OUT
Superior Inside	M	£4,899
Ocean View	K	£6,299
Balcony Suite	JB	£7,899

Oceans Club discount T&Cs apply. Booking conditions of Fred. Olsen Cruise Lines (ATOL 5016) and Reader Offers Limited Agency terms of business apply. Please see back page for full terms and conditions.

FREE ALL-INCLUSIVE DRINKS
WORTH UP TO £749⁺⁺ OR
FREE ON BOARD SPEND
OF UP TO £450*



EXCLUSIVE FREE GRATUITIES
WORTH UP TO £150⁺⁺



EXCLUSIVE ROL CRUISE FARES
WILL INCREASE 8PM 28TH
FEBRUARY 2023

THE BESTSELLING NO-FLY FLEET IN FUNCHAL SALE

A special reunion for Fred. Olsen's entire fleet is set to take place on this cruise, giving you the chance to join fellow guests and crews for an unforgettable day of fun and festivity in Funchal.

DISCOVER BEAUTIFUL FUNCHAL

Desirable and dramatic, the luxuriant landscape of the Madeira archipelago has been a popular favourite for six centuries. The capital of its namesake island is Funchal, an inviting city with a bustling marina, a cobbled centre, a museum dedicated to Cristiano Ronaldo, and an ascending backdrop of mountains just waiting to be explored. Vibrant gardens and banana plantations thrive in the shelter of the valleys' luxuriant slopes; perfectly manicured terraces are scattered across the capital. Take in verdant views as you ride the cable car from old town to Monte. At the top, amble amidst exotic plant-life, free-roaming birds and historic pieces at the Monte Palace Tropical Garden and Museum. Evenings offer a wealth of opportunities, from world-class dining washed down with aromatic Madeira wine to all-night dancing and spectacular firework shows.



Monte Palace, Funchal



Camara de Lobos



Madeira Island

SPAIN & PORTUGAL DISCOVERY

15 NIGHTS DEPARTING 29TH OCTOBER 2023

OCTOBER 2023

- Sun 29 **Embark *Bolette* and depart Southampton**
- Tue 31 **La Coruña, Spain**
Cruising by the Tower of Hercules

NOVEMBER 2023

- Thu 2 **Cádiz (for Seville), Spain**
- Sat 4 **Tarragona, Spain**
- Sun 5 **Valencia, Spain**
- Mon 6 **Cartagena, Spain**
- Tue 7 **Málaga, Spain**
- Thu 9 **Funchal, Madeira**

★FLEET IN FUNCHAL★

Descend upon the beautiful city of Funchal and see all of Fred. Olsen's fleet docked alongside each other for a historic day of celebration, fun and excitement

- Mon 13 **Arrive in Southampton**

Dates not mentioned will be spent relaxing at sea



Cartagena, Spain

YOUR INCREDIBLE ROL CRUISE FARES

CABIN	GRADE	FULL FARE ^(PP)	EXCLUSIVE ROL CRUISE FARE ^(PP)
Interior	I	£1,999	£1,799
Ocean View	F	£2,499	£2,299
Terrace	TC	£3,799	£3,599
Balcony Junior Suite	BJ	£4,799	£4,599
Premier Suite	PS	£6,299	£6,099

Solo prices are available from **£3,699**

CANARY ISLANDS

15 NIGHTS DEPARTING 30TH OCTOBER 2023

OCTOBER 2023

- Mon 30 **Embark *Balmoral* and depart Southampton**

NOVEMBER 2023

- Fri 3 **Cádiz (for Seville), Spain**
- Sun 5 **Las Palmas, Gran Canaria** (arrive early pm - depart late night)
A short walk from Las Palmas harbour leads you straight to the beach of Playa de Las Canteras. An urban backdrop offers everything you might need for an impromptu sunbathe, while the spacious promenade affords you a leisurely stroll as you choose the perfect spot on which to unwind. Familiar shopping malls, varied restaurants and welcoming bars invite you into to the modern areas, while cobbled streets and leafy courtyards add appeal to the old quarter
- Mon 6 **Santa Cruz, Tenerife** (depart late night)
- Tue 7 **San Sebastian, La Gomera**
- Wed 8 **Santa Cruz, La Palma** (depart early pm)
- Thu 9 **Funchal, Madeira ★FLEET IN FUNCHAL★**
Descend upon the beautiful city of Funchal and see all of Fred. Olsen's fleet docked alongside each other for a historic day of celebration, fun and excitement

- Sat 11 **Lisbon, Portugal**

- Tue 14 **Arrive in Southampton**

Dates not mentioned will be spent relaxing at sea

YOUR INCREDIBLE ROL CRUISE FARES

CABIN	GRADE	FULL FARE ^(PP)	EXCLUSIVE ROL CRUISE FARE ^(PP)
Interior	I	£2,099	£1,999
Ocean View	F	£2,499	£2,399
Balcony Cabin	BA	£4,399	£4,349
Balcony Junior Suite	BJ	£4,699	£4,639
Premier Suite	PS	£6,699	£6,569

Solo prices are available from **£3,599**

TREASURES OF AZORES & MADEIRA

14 NIGHTS DEPARTING 1ST NOVEMBER 2023

NOVEMBER 2023

- Wed 1 **Embark *Borealis* and depart Liverpool**
- Sun 5 **Praia da Vitória, Terceira, Azores**
- Mon 6 - **Ponta Delgada, São Miguel, Azores**
Tue 7 (overnight)
São Miguel's bustling capital, Ponta Delgada, boasts plenty of fascinating attractions. Take a look at some of its fine churches, visit the António Borges Park and try out some mouth-watering Azorean delicacies
- Thu 9 **Funchal, Madeira**
★FLEET IN FUNCHAL★ Descend upon the beautiful city of Funchal and see all of Fred. Olsen's fleet docked alongside each other for a historic day of celebration, fun and excitement
- Sat 11 **Lisbon, Portugal**
- Sun 12 **Leixões (for Oporto), Portugal**
A short trip from the port of Leixões takes you to nearby Porto, Portugal's second largest city. A charming destination filled with medieval structures, hilly backstreets and a characterful past, the historic centre is recognised as a UNESCO World Heritage Site

- Wed 15 **Arrive in Liverpool**

Dates not mentioned will be spent relaxing at sea



ORCA Looking out for Whales and Dolphins

YOUR INCREDIBLE ROL CRUISE FARES

CABIN	GRADE	FULL FARE ^(PP)	EXCLUSIVE ROL CRUISE FARE ^(PP)
Interior	I	£1,999	£1,899
Ocean View	F	£2,299	£2,199
Terrace	TC	£3,799	£3,759
Balcony Junior Suite	BJ	£4,699	£4,629
Premier Suite	PS	£5,999	£5,899

Solo prices are available from **£3,799**

WHAT'S INCLUDED IN YOUR EXCLUSIVE ROL CRUISE PROMOTION

EXCLUSIVE SAVINGS OF £400⁺
EXCLUSIVE ROL CRUISE FARES WILL INCREASE 8PM 28TH FEBRUARY 2023

Full board cruising on board *Bolette*, *Balmoral* or *Borealis* including:

- **FREE** all-inclusive drinks package worth up to **£749⁺⁺**
- OR**
- **FREE** on board spend of up to **£450⁺**
- **EXCLUSIVE FREE GRATUITIES** worth **£150** for Ocean View cabins and above**
- Signature Experiences*
- All meals and late-night snacks throughout your cruise
- Culinary demonstration and wine tasting venues**
- Additional spa facilities including a thermal suite & hydrotherapy pool
- **FREE** tea and coffee on board (at selected venues)
- Captain's Drink Party and Gala Buffet All current port supplements and taxes

The currency on board is pound sterling, so you won't be affected by any foreign exchange rate the fluctuation

OCEANS MEMBERS SAVE UP TO 5% OFF THE ADVERTISED PRICES*

EXCLUSIVE CRUISE MILES*

Earn up to **13,138 Cruise Miles**® when booking one of these fantastic cruises, worth **£131** off your next booking with ROL Cruise!^{††}



Booking conditions of Fred. Olsen Cruise Lines (ATOL 5016) and Reader Offers Limited Agency terms of business apply. Please see back page for full terms and conditions.

EXCLUSIVE ROL CRUISE FARES WILL INCREASE
8PM 28TH FEBRUARY 2023

THE EXCLUSIVE NO-FLY FESTIVE SALE FROM ONLY £999^{PP}



Hamburg, Germany

**EXCLUSIVE
FREE
GRATUITIES
WORTH UP TO
£140⁺⁺**



**FREE
ALL-INCLUSIVE
DRINKS
PACKAGE
WORTH UP TO
£699⁺⁺**



**FREE
ON BOARD
SPEND
OF UP TO
£420^{*}**

**EXCLUSIVE
SAVINGS
OF UP TO
£400[±]**

ROL CRUISE RECOMMENDS - THE SKY AT SEA

If the sky is clear, you can join Fred. Olsen out on the deck to witness the sunrise, or join star-gazing events throughout your cruise, bringing the night sky to life as you snuggle up with a warm blanket and hot chocolate or hot toddy. On special itineraries such as Searching for the Northern Lights, you will be seeking out the natural beauty of the Northern Lights.



Fred. Olsen Cruise Lines

WHAT'S INCLUDED IN YOUR EXCLUSIVE ROL CRUISE PROMOTION

EXCLUSIVE ROL CRUISE SAVINGS OF UP TO £400[±] - PLEASE DO NOT DELAY - FARES WILL INCREASE 8PM 28TH FEBRUARY 2023

Full board no-fly cruising on board *Balmoral* or *Borealis* including:
- **EXCLUSIVE FREE GRATUITIES** worth up to **£140** for Ocean View cabins and above**

AND

- **FREE** all-inclusive drinks package worth up to **£699⁺⁺**

OR

- **FREE** on board spend of up to **£420^{*}**
- All meals and late-night snacks throughout your cruise
- Culinary demonstration and wine tasting venues**
- Additional spa facilities including a thermal suite & hydrotherapy pool
- **FREE** tea and coffee on board (at selected venues)
- Captain's Drink Party and Gala Buffet

All current port supplements and taxes

OCEANS MEMBERS SAVE 5% OFF THE ADVERTISED PRICES
JUST A DEPOSIT REQUIRED TO SECURE YOUR PREFERRED CABIN**

The currency on board is pound sterling, so you won't be affected by any foreign exchange rate fluctuation

EXCLUSIVE CRUISE MILES[®]

Earn up to **16,398 Cruise Miles[®]** when booking one of these incredible voyages, worth **£163** off your next booking with ROL Cruise[™]



European Christmas Markets

8 NIGHTS DEPARTING 13TH DECEMBER 2023

DECEMBER 2023

- Wed 13 **Embark *Balmoral* and depart Southampton**
Fri 15 - **Hamburg, Germany** (overnight)
Home to one of the biggest ports in Europe, Hamburg leaves visitors spoilt for choice when it comes to things to do and see including beautiful gardens, the historic 'Speicherstadt' district and stunning St. Michael's Church, Hamburg's best-known architectural landmark
- Sat 16 **Hamburg, Germany** (depart early am)
Cruising River Elbe
Transit the Kiel Canal
- Sun 17 **Copenhagen, Denmark**
Mon 18 *Cruise by the Olsen Family Home*
Cruising Oslofjord
Oslo, Norway (arrive early pm - depart late night)
- Thu 21 **Arrive in Southampton**



Dates not mentioned will be spent relaxing at sea

YOUR EXCLUSIVE ROL CRUISE FARES

Cabin	Grade	Full Fare ^(pp)	Exclusive ROL Cruise Fare ^(pp)
Interior	I	£1,099	£999
Ocean View	F	£1,299	£1,199
Balcony	BA	£1,899	£1,799
Balcony Junior Suite	BJ	£2,099	£1,999
Premier Suite	PS	£3,199	£3,099

Solo prices are available from **£1,699**

Classic Christmas Markets

8 NIGHTS DEPARTING 14TH DECEMBER 2023

DECEMBER 2023

- Thu 14 **Embark *Borealis* and depart Liverpool**
Sat 16 **Zeebrugge (for Bruges), Belgium** (depart late night)
Sun 17 **Amsterdam, Netherlands**
Mon 18 *Cruising the Elbe River*
Hamburg, Germany (arrive late pm - overnight)
Tue 19 **Hamburg, Germany**
Hamburg is a joy discover. Head to the impressive City Hall for the main Christmas market, its stalls glittering with treats, toys and handicrafts
- Fri 22 **Arrive in Liverpool**



Dates not mentioned will be spent relaxing at sea

YOUR EXCLUSIVE ROL CRUISE FARES

Cabin	Grade	Full Fare ^(pp)	Exclusive ROL Cruise Fare ^(pp)
Interior	I	£1,099	£999
Ocean View	F	£1,299	£1,199
Superior Ocean View	C	£1,499	£1,399
Terrace	TC	£2,099	£1,999
Balcony Suite	BS	£2,599	£2,499
Premier Suite	PS	£3,299	£3,199

Solo prices are available from **£1,699**

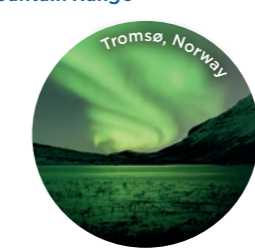
Booking conditions of Fred. Olsen Cruise Lines (ATOL 5016) and Reader Offers Limited Agency terms of business apply. Please see back page for full terms and conditions.

Searching for the Northern Lights

14 NIGHTS DEPARTING 21ST DECEMBER 2023

DECEMBER 2023

- Thu 21 **Embark *Balmoral* and depart Southampton**
Sun 24 *Cruising Hjørundfjord*
Mon 25 *Cruising by Torghatten* **★CHRISTMAS DAY★**
Cruising by the Seven Sisters Mountain Range
Cross the Arctic Circle
- Tue 26 **Narvik, Norway**
Cruising the Tjeldsundet Strait
- Wed 27 - **Alta, Norway** (overnight)
Fri 29 **Tromsø, Norway**
Sat 30 *Cruising the Tjeldsundet Strait*
Sun 31 **Ålesund, Norway** (overnight)
★NEW YEAR'S EVE★
- JANUARY 2024
Mon 1 **Ålesund, Norway** **★NEW YEAR'S DAY★**
Cruising by Hornelen
Thu 4 **Arrive in Southampton**



Dates not mentioned will be spent relaxing at sea

YOUR EXCLUSIVE ROL CRUISE FARES

Cabin	Grade	Full Fare ^(pp)	Exclusive ROL Cruise Fare ^(pp)
Interior	I	£2,699	£2,499
Ocean View	F	£3,099	£2,899
Balcony	BA	£5,599	£5,399
Balcony Junior Suite	BJ	£5,999	£5,799
Superior Suite	SS	£6,499	£6,299
Premier Suite	PS	£8,399	£8,199

Solo prices are available from **£4,999**

Christmas Celebrations in the Canaries

14 NIGHTS DEPARTING 22ND DECEMBER 2023

DECEMBER 2023

- Fri 22 **Embark *Borealis* and depart Liverpool**
Mon 25 **★Spend Christmas Day relaxing at sea★**
Wed 27 **Arrecife, Lanzarote**
Thu 28 **Las Palmas, Gran Canaria**
Fri 29 **Santa Cruz, Tenerife**
Sat 30 **San Sebastian, La Gomera**
Sun 31 **Funchal, Madeira** **★NEW YEAR'S EVE★**
Take the day to enjoy the best that Funchal has to offer before its time to be back on board for a unique celebration, culminating with a chance to witness one of the world's largest New Year's firework displays at midnight
- JANUARY 2024
Mon 1 **★Spend New Year's Day relaxing at sea★**
Tue 2 **Lisbon, Portugal**
Fri 5 **Arrive in Liverpool**



Dates not mentioned will be spent relaxing at sea

YOUR EXCLUSIVE ROL CRUISE FARES

Cabin	Grade	Full Fare ^(pp)	Exclusive ROL Cruise Fare ^(pp)
Interior	I	£2,699	£2,499
Ocean View	F	£2,999	£2,799
Superior Ocean View	C	£3,699	£3,499
Terrace	TC	£4,999	£4,799
Balcony Suite	BJ	£6,299	£6,099
Premier Suite	PS	£8,299	£8,099

Solo prices are available from **£4,899**

EXCLUSIVE ROL CRUISE FARES WILL INCREASE
8PM 28TH FEBRUARY 2023

NO-FLY 2023 MEDITERRANEAN DISCOVERIES

on board *Balmoral*

EXCLUSIVE
SAVINGS
OF UP TO
£400[±]



Malaga, Spain



Balmoral



Avon restaurant

WHAT'S INCLUDED IN YOUR EXCLUSIVE ROL CRUISE PROMOTION

PLEASE DO NOT DELAY, FARES WILL INCREASE – BOOK BY 8PM
28TH FEBRUARY 2023 TO RECEIVE THESE EXCLUSIVE FARES

Full board cruising on board *Balmoral* including:

- FREE all-inclusive drinks package worth up to £849**
- OR
- FREE on board spend of up to £480*
- EXCLUSIVE FREE GRATUITIES worth £170 for Ocean View cabins and above**
- Signature Experiences*
- All meals and late-night snacks throughout your cruise
- Culinary demonstration and wine tasting venues**
- Additional spa facilities including a thermal suite & hydrotherapy pool
- FREE tea and coffee on board (at selected venues)
- Captain's Drink Party and Gala Buffet All current port supplements and taxes

The currency on board is pound sterling, so you won't be affected by any foreign exchange rate the fluctuation

OCEANS MEMBERS SAVE UP TO 5% OFF THE
ADVERTISED PRICES[±]

EXCLUSIVE CRUISE MILES*

Earn up to 15,998 Cruise Miles* when booking one of these fantastic cruises, worth £159 off your next booking with ROL Cruise[±]



EXCLUSIVE FREE
GRATUITIES WORTH
UP TO £170^{**}

+

FREE
ALL-INCLUSIVE DRINKS
PACKAGE WORTH
UP TO £849^{**}

OR

FREE
ON BOARD SPEND
OF UP TO
£450*

EXCLUSIVE FREE
GRATUITIES WORTH
UP TO £160^{**}

+

FREE
ALL-INCLUSIVE DRINKS
PACKAGE WORTH
UP TO £799^{**}

OR

FREE
ON BOARD SPEND
OF UP TO
£480*

Experience the Traditions of Spain & Portugal

17 NIGHTS DEPARTING 2ND JULY 2023

- Sun 2 Embark *Balmoral* and depart Rosyth, Scotland
- Thu 6 Leixões, Portugal
- Sat 8 Malaga, Spain
- Sun 9 Cartagena, Spain

Cartagena's Old Town is protected by the city walls and although many of the buildings from Roman Cartagena have disappeared, some important sites remain, including the stunning natural harbour and the amphitheatre

- Mon 10 Valencia, Spain
- Tue 11 Mahon, Spain
- Thu 13 Cádiz, Spain
- Fri 14 Cruise the mouth of River Tagus

- Lisbon, Portugal
- Sat 15 Vigo, Spain
- Wed 19 Arrive in Rosyth, Scotland

Dates not mentioned are spent relaxing at sea

ROL CRUISE
RECOMMENDS
FOR TREATS
OF THE
REGION

YOUR EXCLUSIVE ROL CRUISE FARES

CABIN	GRADE	FULL FARE ^(pp)	EXCLUSIVE ROL CRUISE FARE ^(pp)
Interior	I	£2,199	£1,999
Ocean View	F	£2,799	£2,599
Balcony Cabin	BA	£5,499	£5,299
Balcony Junior Suite	BJ	£5,799	£5,599
Premier Suite	PS	£8,199	£7,999

Solo fares are available from £3,899



Lisbon, Portugal

★THE OLSEN WAY HIGHLIGHTS★

The destinations on your cruise have been selected for their ability to showcase the cultural and culinary traditions of Spain and Portugal. You will be able to taste authentic food and drink in its place of origin, including Pastéis de Nata in Lisbon; paella in Valencia; tapas and Jerez sherry in Cádiz; port wine in Oporto; and olive oil in Málaga. Many cultural highlights await your discovery too, including chances to visit Pablo Picasso's house in his birthplace, Málaga, and learn the art of flamenco with a local Bailaora (dancer) from Cádiz. You can also admire architectural delights such as Moorish buildings in Andalusia and decorative Azulejo tiles in Portugal.

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Discovering the Ancient Mediterranean

16 NIGHTS DEPARTING 14TH NOVEMBER 2023

NOVEMBER 2023

- Tue 14 Embark *Balmoral* and depart Southampton
- Fri 17 Lisbon, Portugal
- Sat 18 Cádiz, Spain
- Mon 20 Algiers, Algeria

- Wed 22 La Goulette, Tunisia
- Thu 23 Cagliari, Sardinia, Italy
- Sat 25 Cartagena, Spain
- Sun 26 Tangier, Morocco

Tangier sits on the Strait of Gibraltar and is often regarded as Europe's gateway to Africa. Its status as an 'International Zone' from the 1920s until 1956 attracted an eclectic group of millionaires, writers, artists and even spies

- Tue 28 La Coruña, Spain
- Cruising by the Tower of Hercules

- Thu 30 Arrive in Southampton

Dates not mentioned are spent relaxing at sea

YOUR EXCLUSIVE ROL CRUISE FARES

CABIN	GRADE	FULL FARE ^(pp)	EXCLUSIVE ROL CRUISE FARE ^(pp)
Interior	I	£1,999	£1,799
Ocean View	F	£2,349	£2,149
Balcony Cabin	BA	£3,699	£3,499
Balcony Junior Suite	BJ	£3,999	£3,799
Premier Suite	PS	£5,999	£5,799

Solo fares are available from £3,399



Tangier, Morocco

★THE OLSEN WAY HIGHLIGHTS★

This cruise offers a glimpse into the history of the ancient trading routes within the Mediterranean and the kingdoms and civilisations that established them. You can delve into the history of the Phoenicians at Carthage from La Goulette and the ancient ruins of Nora from Cagliari. Heading off the tourist trail presents the likes of Algiers, where tours allow you to go ashore and discover architecture influenced by different ruling powers. Cartagena has a fascinating past, having previously been a naval base and an exporter of minerals. Elsewhere, you can immerse yourself in the bustling shops and stalls of Tangier's Medina and view the Tower of Hercules from *Balmoral*.

CROSSING THE PATH OF THE SOLAR ECLIPSE & THE AZORES

UNIQUE OPPORTUNITY TO VIEW THE SOLAR ECLIPSE AT SEA

EXCLUSIVE FREE GRATUITIES WORTH UP TO **£130⁺⁺**

ROL CRUISE RECOMMENDS THIS FOR TASTE OF THE REGION CRUISE

EXCLUSIVE ROL CRUISE FARES WILL INCREASE 8PM 28TH FEBRUARY 2023

OCEAN MEMBERS SAVE 5%[±]

JUST A DEPOSIT REQUIRED TO SECURE YOUR CRUISE

13 NIGHTS DEPARTING 4TH APRIL 2024

APRIL 2024

- Thu 4 Embark **Bolette** and depart **Southampton**
- Fri 5 **St. Malo, France**
- Sat 6 **Brest, France**
- Mon 8 ★CRUISE HIGHLIGHT★ *Crossing the path of the Solar Eclipse*
- Wed 10 **Praia da Vitória, Terceira, Azores**
- Thu 11 **Ponta Delgada, São Miguel, Azores**
- Sat 13 *Cruising by Cabo Girão* **Funchal, Madeira**
- Sun 15 **Leixões (for Oporto), Portugal**
- Tue 17 **Arrive in Southampton**

Dates not mentioned are spent relaxing at sea

YOUR EXCLUSIVE ROL CRUISE FARES

CABIN	GRADE	FULL FARE (PP)	EXCLUSIVE ROL CRUISE FARE (PP)
Interior	I	£1,999	£1,899
Ocean View	F	£2,299	£2,199
Superior Ocean View	C	£2,799	£2,699
Terrace	TC	£3,899	£3,799
Balcony Junior Suite	BJ	£4,799	£4,699
Premier Suite	PS	£6,199	£6,099

Solo prices are available from **£3,399**

THE OLSEN WAY HIGHLIGHTS

Fred. Olsen has designed this cruise to cross the path of the passing Solar Eclipse, offering the chance to catch a glimpse of the phenomenon before it finishes its course

On São Miguel Island you can see the Sete Cidades crater lakes and the Furnas Valley hot springs

Tours also afford the opportunity to go in search of resident dolphins and sperm whales*

Your discovery of Portugal's hard-to-reach archipelago continues as **Bolette** sails past Santa Maria, a remote island with historical links to Columbus

After cruising past the mighty Cape Girão sea cliff, Madeira's levada walking trails and gardens await



WHAT'S INCLUDED IN YOUR EXCLUSIVE ROL CRUISE PROMOTION

EXCLUSIVE ROL CRUISE FARES WILL INCREASE 8PM 28TH FEBRUARY 2023

Full board cruising on board **Bolette** including:

- EXCLUSIVE FREE GRATUITIES worth **£130** for all bookings**
- Signature Experiences*
- All meals and late-night snacks throughout your cruise
- Culinary demonstration and wine tasting venues**
- Additional spa facilities including a thermal suite & hydrotherapy pool
- **FREE** tea and coffee on board (at selected venues)
- Captain's Drink Party and Gala Buffet All current port supplements and taxes

The currency on board is pound sterling, so you won't be affected by any foreign exchange rate the fluctuation

OCEANS MEMBERS SAVE UP TO 5% OFF THE ADVERTISED PRICES[±] EXCLUSIVE CRUISE MILES[®]

Earn up to **12,198 Cruise Miles[®]** when booking one of these fantastic cruises, worth **£121** off your next booking with ROL Cruise**



Oceans Club discount T&Cs apply. Booking conditions of Fred. Olsen Cruise Lines (ATOL 5016) and Reader Offers Limited Agency terms of business apply. Please see back page for full terms and conditions.

ENHANCING YOUR ON BOARD EXPERIENCE

As well as the brand-new Signature Experiences, Fred. Olsen Cruise Lines offer a host of other activities for you to enjoy while you are on board. How much or how little you join in with is of course entirely up to you! A *Daily Times* newsletter will be placed in your cabin each evening detailing the events and activities for the next full day.



Neptune Lounge, Bolette



Olsen Art Studio, Borealis



Atlantis Spa, Borealis

LIVE ENTERTAINMENT

Entertainment is a very important part of life on board a Fred. Olsen ship. Their Entertainment Team will proudly present to you a live music programme – featuring string quartets, flautists, classical guitarists, live bands and singers – from your ship's bars and lounges. You can also enjoy nightly shows in the elegant Neptune Lounge.

LEARNING SOMETHING NEW

With many guests liking to use their sea days or longer voyages to try their hand at something they haven't done before, Fred. Olsen host sociable activities such as learning to play the ukulele or singing in a choir. Alternatively, you can refine your craft skills, practice your watercolours and learn some photography techniques in the new Olsen Art Studio (**Bolette** and **Borealis** only).

SPA & BEAUTY TREATMENTS^{**}

Each ship has a relaxing spa where you can enjoy everything from soothing massages, manicures and pedicures to hair treatments and styling in the salons. This is also where you will find the well-equipped Fitness Centre and can join in with yoga, stretch and personal training sessions while savouring spectacular ocean views. What's more, on **Bolette** and **Borealis** you can also book the private Thermal Suite for an extra special treat.

SPECIALITY DINING^{**}

Dining is a high point of every Fred. Olsen cruise, so why not make your dining experience even more special with an evening in one of the exclusive speciality dining restaurants on board? Whether you're celebrating a special evening or simply in the mood to try something new and exciting, Fred. Olsen's speciality dining – available for as little as £10 per person – is the perfect way to mark the occasion.

COLOURS & TASTES

Colours & Tastes features a tempting variety of Asian fusion cuisine, from spiced grilled meats and seafood to gozans, dim sum and sushi. In surroundings as vibrant as the food itself, each dish is lovingly created by expert chefs and designed to give you an authentic taste of the Orient -with signature dishes from Japan, Thailand, China and the Philippines.



VASCO

Named after the famous explorer Vasco Da Gama, Vasco offers a fresh take on Indian cuisine. Savour mouthwatering menus inspired by the Goan chefs on board and focused on the unique culinary traditions of the region. The chefs create each dish by hand and are proud to share the tastes of their homeland to ensure an authentic culinary experience.



THE MAIDEN NO-FLY American Waterways & Canada in the Fall EXCLUSIVE PROMOTION

BOOK WITH THE NO. 1 AGENT FOR FRED. OLSEN CRUISE LINES

EXCLUSIVE
ROL CRUISE
FARES WILL
INCREASE 8PM
28TH FEBRUARY
2023

- FREE ON BOARD SPEND OF UP TO £500*
- JUST A DEPOSIT REQUIRED
- EXCLUSIVE SAVINGS OF UP TO £1,400⁺
- RECOMMENDED FOR AUTUMN COLOURS SCENERY
- 5% DISCOUNT FOR OCEANS MEMBERS[±]

Your 34 night American Waterways Voyage departs 26th September 2023

SEPTEMBER 2023		OCTOBER 2023	
Tue 26	Embark Balmoral and depart Southampton for your 34 night maiden American Waterways voyage	Thu 12	Cruising by Statue of Liberty Revel in the sight of one of the world's most iconic, instantly recognisable symbols of freedom and democracy. Sailing slowly by, in the comfort of your smaller-sized ship, you'll be presented with a simply unmissable photo opportunity New York, USA (overnight)
Mon 2 - Tue 3	St. John's, Newfoundland, Canada (overnight) St. John's has oodles of old world charm, interesting architecture, historic landmarks and beautiful countryside. Be sure to visit Signal Hill, one of Canada's National Historic Sites, it provides incredible views of the spectacular harbour	Fri 13	New York, USA
Thu 5	Sydney, Nova Scotia, Canada	Sat 14	★Maiden cruising the Hudson River★ Leave New York's iconic skyline behind as you sail the size-restricted Hudson River. Relax as skyscrapers turn to tree laden river banks boasting the beautiful browns and reds of the colourful fall season
Fri 6 - Sat 7	Halifax, Nova Scotia, Canada (overnight) A wander round the Halifax's urban city centre is a must; it is home to a number of landmark buildings with architecture to suit all tastes. The Old Fort, Maritime Museum, Central Library and Art Gallery are all well worth a visit	Sun 15	Cruising Chesapeake & Delaware Canal Washington DC (from Baltimore), USA (overnight)
Sun 8	Saint John, New Brunswick, Canada Be sure to visit the Reversing Rapids, where the Bay of Fundy collides with the St. John River - an amazing natural phenomenon	Mon 16	Washington DC (from Baltimore), USA Baltimore is perfectly placed for tours* to Washington DC - the backdrop to countless films and TV shows over the years. On your call to the US capital, take your pick from the must-see architectural and historical sites including the White House and Lincoln Memorial
Mon 9	Portland, Maine, USA Discover the cobbled streets and quaint shops of the Old Port; admire the fine works displayed in the Portland Art Museum; and taste the local tippie in one of the many microbreweries and brewpubs that thrive in the area	Thu 19	Hamilton, Bermuda
Tue 10	Boston, Massachusetts, USA	Wed 25	Ponta Delgada, São Miguel, Azores The town's cosmopolitan atmosphere belies its 500-year history. The surrounding island boasts beautiful lakes, mountains, sandy beaches and the stunning crater lakes of the extinct Sete Cidades volcano, all of which are well worth uncovering
Wed 11	Cruising Cape Cod Canal	Sat 28	La Coruña, Spain
		Mon 30	Arrive in Southampton Dates not mentioned are spent relaxing at sea

±Oceans Club discount T&Cs apply. Booking conditions of Fred. Olsen Cruise Lines (ATOL 5016) and Reader Offers Limited Agency terms of business apply. Please see back page for full terms and conditions.



★THE OLSEN WAY HIGHLIGHTS★

Exploring New York City by day and by night, taking in sites such as Broadway and Times Square, is sure to be a highlight of your journey. You will reap the benefits of smaller ship cruising as **Balmoral** navigates the size-restricted Hudson River and narrow Cape Cod Canal, both of which will be flanked by autumnal foliage. **Balmoral** will also cruise the Chesapeake & Delaware Canal en route to Baltimore, your gateway to discovering Washington, D. C. Before reaching the USA, you will have plenty of chances to appreciate the natural beauty of Canada during the colourful season of 'fall'.

YOUR VOYAGE HIGHLIGHTS

HALIFAX, NOVA SCOTIA, CANADA
Halifax, Gateway to Atlantic Canada, is the capital region of Nova Scotia and is a lively and colourful combination of urban and rural living at its best. The historic downtown waterfront areas of Halifax and Dartmouth are perfect for discovering on foot.

BOSTON, MASSACHUSETTS, USA
Voted the Best Patriotic Attraction by USA Today, the Boston Tea Party Ships and Museum is the perfect place to immerse yourself in the history of this fine city.

CRUISE THE PICTURESQUE HUDSON RIVER
Set to a backdrop of red, yellow and brown fall foliage - it's a rare opportunity not to be missed!

WASHINGTON DC, USA
The Smithsonian's National Air and Space Museum houses the world's largest and most significant collection of aviation and space artefacts as well as the Centre for Earth and Planetary studies.

YOUR BESTSELLING ROL CRUISE FARES

CABIN	GRADE	FULL FARE ^(PP)	EXCLUSIVE ROL CRUISE FARE ^(PP)
Interior	I	£5,499	£5,229
Ocean View	F	£6,999	£6,689
Superior Ocean View	C	£8,299	£7,949
Superior Suite	SS	£14,999	£14,449
Premier Suite	PS	£19,999	£19,299

Single prices are available from £10,899

5% DISCOUNT FOR OCEANS MEMBERS[±]

EXPERIENCE THE DIFFERENCE WHAT'S INCLUDED IN YOUR EXCLUSIVE ROL CRUISE PROMOTION

EXCLUSIVE SAVINGS OF UP TO £1,400⁺ - PLEASE DO NOT DELAY FARES WILL INCREASE 8PM 28TH FEBRUARY 2023

- BOOK WITH THE NO. 1 AGENT FOR FRED. OLSEN CRUISE LINES**
34 nights full board no-fly cruising on board **Balmoral**, including:
- **FREE** on board spend of up to **£500***
 - A truly British cruise experience with all English speaking crew
 - All meals throughout your cruise from five course à la carte dining to casual buffets and late night snacks
 - On board leisure facilities including spacious gyms, heated swimming pools and Jacuzzis
 - **FREE** tea and coffee on board (at selected venues)
 - Every night a different show - from comedians, to musicians, to the ship's own show company
 - Captain's drinks party and Gala Buffet
- All current port supplements and taxes
The currency on board is pound sterling, so you won't be affected by any foreign exchange rate fluctuation
- JUST A DEPOSIT REQUIRED TO SECURE YOUR CABIN**
- EXCLUSIVE CRUISE MILES[®]**
Earn up to **38,598 Cruise Miles[®]** when booking this fantastic voyage, worth **£385** off your next booking with ROL Cruise[±]
-

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Welcome to Cruise Miles®, the free and official rewards programme brought to you exclusively by ROL Cruise. Endorsed by all major cruise lines, Cruise Miles® are easy to earn and have saved our customers over £9 million.



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For every pound you spend with us, you'll earn one Cruise Mile. Accumulate your Cruise Miles® for a significant saving on your next booking!

If you've already booked your next cruise you can later choose to upgrade your cabin or flights, as the Cruise Miles® you have earned can be used for further savings. So why not treat yourself to that luxurious suite you've been admiring? It's not too late!

You can use your Cruise Miles® towards the cost of a pre-cruise hotel stay with one of our preferred partners. Arrive feeling relaxed, refreshed and ready for your cruise.

You can ask one of our friendly, knowledgeable Cruise Consultants what your Cruise Miles® are worth at any time.



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